



Mission Tapestry

Arlington District United Methodist Women

Vol. XXXVI, No. I

February 2015

PURPOSE
of the United
Methodist Women

The organized unit of
UNITED METHODIST
WOMEN
shall be a community of
women whose
PURPOSE is to know
GOD and
to experience
FREEDOM as whole
persons through
JESUS CHRIST;
to develop a creative,
supportive
FELLOWSHIP;
and to expand
CONCEPTS OF
MISSION
through participation
in the global
ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly. All articles for publication should be directed to ArlingtonDistrictUMW@gmail.com.

Check out our new
website at

www.ArlingtonDistrictUMW.org

District President's Message

Hello beautiful women of the Arlington District United Methodist Women!

First, let me introduce myself. I am Angela Sokolowski from Sterling United Methodist Church and I have been serving you as your District Membership Nurture and Outreach Coordinator for the past 2 years. My husband, Chad, and I are the proud parents of three beautiful children; Adeline (8), Charles (6), and Conrad (3). It is both an honor and a blessing to represent and serve all of you as your Arlington District President.

It is hard to believe that we are already moving into the season of Lent. I see this time of year as a time of Hope, Forgiveness, and Love for all of us and a time for us to spend time with God by every means possible. This helps to grow our FAITH and fuel us with HOPE so that we may go out and LOVE everyone!

As Paul wrote to the church in Rome and he still writes to us today - we are to be the examples of Christ and show the hope that is found only through Christ. In Romans 15:1 Paul tells us "We who are strong have an obligation to bear with the failings of the weak." (ESV) This is US ladies! As United Methodist Women we are and have been for almost 150 years living our lives in mission for others. By becoming a United Methodist Woman you have listened to God calling you into mission and what an amazing call this is to answer. This was not ever more present than at

our Training Day at Mount Olivet United Methodist Church on January, 31st. The fellowship and energy of the women combined with the beauty of God's blessings as the sun radiated into the sanctuary was amazing. It is always a beautiful feeling to be with United Methodist Women.

I am very much looking forward to seeing all of you at the many upcoming events in March, April, and May and sharing these overwhelming joyful feelings of togetherness again. Please join us: **March 20th-21st** for our **Spiritual Life Retreat** lead by Rev. Doris V. Byrd-Madison in Front Royal, VA as we take time to recharge our spiritual batteries during Lent;

April 18th for our **Spring Prayer Breakfast** at Korean United Methodist Church of Greater Washington as we focus on the social action - Human Trafficking; and

May 16th for our **Bi-District Day Apart** at Arlington Temple United Methodist Church for a day of learning how we can advocate for Imagine No Malaria.

As United Methodist Women we make a difference, and it is when we come together that we can stand taller, speak louder, and Love more abundantly!

YOU make it Happen! Many blessing to all of you for answering God's calling in your life through United Methodist Women.

In Sisterly Love,
Angela Sokolowski
President, Arlington District UMW

Vice-President

Susan Chung

Greetings!

I joined the Arlington District United Methodist Women (ADUMW) two years ago, served two terms as Social Action Coordinator, and accepted a new role and responsibility as Vice President in January 2015. I have been a member of the Korean United Methodist Church of Greater Washington, McLean, VA since 2007.

As Vice President of the District, here are some of my responsibilities:

Working cooperatively with the president (Angela Sokolowski), I shall assist the district in fulfilling the Purpose. I shall:

- Perform the duties of the president in her absence,
- Guide the Executive committee in its responsibility for planning and implementing the programs of the unit,
- Coordinate and work with units to host annual Arlington District events, i.e., Training Day, Spring Prayer Breakfast, Bi-District Day Apart, District Annual Meeting, etc.,
- Chair the committee on Program where one exists or, if there is no separate committee, chair the Executive committee when dealing with matters relating to program, serve on the committee on Finance where one exists,
- Be open and flexible for additional duties as needed.

Here are some of our upcoming events:

March 20-21, 2015 - Arlington District UMW Retreat , 4H Center, Front Royal, VA (Register by March 1)

April 18, 2015 – Spring Prayer Breakfast @ KUMC of GW, McLean, VA

May 16, 2015 – Bi-District Day Apart @Arlington Temple UMC, Rosslyn, VA

More details are available in the event section of this Newsletter.

I am so excited to be serving as your District Vice President and I welcome the opportunities to learn and serve in mission. I am available to assist and work with you.

God Bless You!

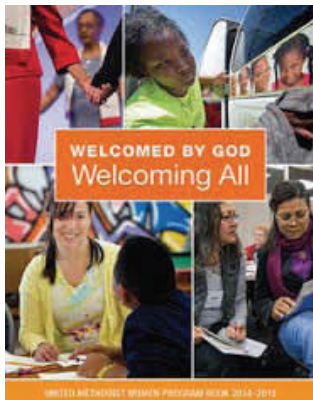
Susan Chung
Vice President

“God, I want to do my work and everything else with true excellence. Give me Your power to be an example of Christ to those around me. In Jesus’ name. Amen.” Joel and Victoria Osteen



Secretary

Janet Keener



WELCOMED BY GOD Welcoming All

Hebrews 13:1-2

1 Let brotherly love continue.

2 Be not forgetful to entertain strangers: for thereby some have entertained angels unawares.

Dear UMW Sisters,

How wonderful to welcome and see so many of you at our Arlington District United Methodist Women Training Day at Mount Olivet in January! What a joy to share and learn together!

In the Breakout Session for Secretaries, we shared the responsibilities and skills of the secretary to include the following: -Being a good listener. -Taking notes, identifying the main points. -Writing the minutes identifying those attending (including visitors), date and time and location of the meeting, and business items discussed with motions. -Maintaining the records file as an archives or history.

Let us take a moment to reflect on these characteristics and traits of a secretary. Aren't they like those that God wants us to have to be welcomed by Him and to be welcoming to all? We can be listeners. We can identify main points when we read the Scriptures. We can maintain our thoughts by writing in a journal.

I look forward to seeing you at our Arlington District Spiritual Life Retreat in Front Royal March 20th-21st!

God Bless,

Janet

Resources:

united methodist women handbook 2013-2016

<http://www.etu.org.za/toolbox/docs/building/webmeetings.html> - a good write-up on meeting skills

Janet Keener
janet_keener@cox.net
703-281-7685

Treasurer



Frances Ellis

Congratulations Ladies,

This is the article from the Virginia Conference UMW treasurer.

“My dear precious United Methodist Women,

Another year has passed. I would like to thank each one of you for your support and financial giving during the year.

The following districts made their pledge and or exceeded their pledge for 2014: Arlington, Eastern Shore, Farmville, Fredericksburg, Harrisonburg, James River, Richmond, and York River. CONGRATULATIONS! Also I would like to congratulate the following districts that made 90% or more of their pledge for 2014: Alexandria, Danville, Elizabeth River, Roanoke, and Winchester. Some of you were very close.

The Virginia Conference sent to United Methodist Women, Inc. in New York pledge money of \$692,389.36 which is 93% of our budget of \$740,000. Congratulations ladies to a job well done. There was other money sent for many other things.

2015 has arrived. Lets get busy doing what God wants us to do. Just read your PURPOSE and you will see that we are to be about MISSIONS. Please work hard on your candle burning programs and money and also RAINBOW Givers. This will help us increase our pledge money. Lets make our pledge in 2015. TOGETHER WE CAN!”

The first quarter pledge payment is due on March 15.

We had 55 women from 16 churches represented at Training Day. We gave binders full of information to the officers from each church. This spring we will be visiting the remaining churches in the district to deliver binders.

Please use the form on the next page and send me the list of officers in your unit so that we can keep in touch.

And, please see the flyers at the back of this newsletter for exciting upcoming opportunities.

Frances Ellis
District Treasurer
2933 Fox Mill Road
Oak Hill, VA 20171
fwellis@aol.com
703-476-1127

Check out our new website at www.ArlingtonDistrictUMW.org

UNITED METHODIST WOMEN LOCAL UNIT OFFICERS – 2015

Please **print** the information for your local unit officers. Return this sheet to Frances Ellis, 2933 Fox Mill Road, Oak Hill, VA 20171. If you have any questions, please contact Frances at 703-476-1127 or FWEllis@aol.com. Please print additional officer information on the reverse side of this sheet.

Church: _____

President

Name:

Address:

Telephone:

e-mail address:

Vice President

Name:

Address:

Telephone:

e-mail address:

Secretary

Name:

Address:

Telephone:

e-mail address:

Treasurer

Name:

Address:

Telephone:

e-mail address:

Education and Interpretation

Name:

Address:

Telephone:

e-mail address:

Membership Nurture and Outreach

Name:

Address:

Telephone:

e-mail address:

Social Action

Name:

Address:

Telephone:

e-mail address:

Spiritual Growth

Name:

Address:

Telephone:

e-mail address:

Secretary for Program Resources

Name:

Address:

Telephone:

e-mail address:

Chair of Nominations

Name:

Address:

Telephone:

e-mail address:

Pastor

Name:

Address:

Telephone:

e-mail address:

Other Position

Name:

Address:

Telephone:

e-mail address:

Become a UMW Rainbow Giver

The Virginia Conference United Methodist Women started the Rainbow Giver Program in 2010. This is an opportunity for you, as an individual, to personally give to the 5 Channels of Mission Giving.

Your gift of \$ 60.00 will make you a Rainbow Giver:

- \$ 40.00 to give someone special a Special Mission Recognition Pin
- \$ 5.00 to give a Pledge to Mission (this is in addition to your regular pledge)
- \$ 5.00 for a Gift to Mission Card
- \$ 5.00 for a Gift in Memory Card
- \$ 5.00 for a gift to World Thank Offering (this can be in addition to your change Box or World Thank Offering yearly donation)



It is so easy to become a Rainbow Giver; just fill out the form below and give the form to your unit treasurer with a check for \$ 60.00. On the form please specify which Gift to Mission Card you want and the name of the recipient for the Special Mission Recognition pin. Anyone can become a Rainbow Giver; *this is an opportunity for church members, spouses, or friends to participate in UMW Mission Giving.* This program does not replace your Pledge and World Thank Offering, but is an opportunity, as an individual, to contribute to five areas of Mission Giving.

If your church does not have an active UMW unit and you choose to be counted as a UMW, you may activate your membership via this Rainbow Giver Program. Complete the form and mail it directly to your District Treasurer. Please visit www.arlingtondistrictumw.org to obtain UMW District Officers listing, District Events/calendar, UMW quarterly Newsletter and other information.

Rainbow Giver Form

Deadline Date: August 15th

Your \$ 60.00 gift and this form is to be given to your Unit Treasurer

RAINBOW GIVER'S NAME: _____

RAINBOW GIVER'S ADDRESS: _____

RAINBOW GIVER'S PHONE: _____

Special Mission Recognition Pin in Honor of: (recipient's name): _____
 Print name

Which Gift to Mission Card? _____

(In the Service of Christ, Thank You, Happy Birthday, Thinking of You, Peace, Congratulations, On Your Special Day, or Christmas card)

All components must be submitted to your Unit Treasurer at one time. The Rainbow Giver gift is in addition to your regular Pledge and World Thank Offering. It is a wonderful way for members who can no longer attend meetings to continue their participation and membership in your UMW Unit.

All participants will be recognized at our District Annual Meeting and will receive a Rainbow Giver pin. If you have any questions, please contact your District Treasurer or the Virginia Conference Treasurer.

Remember: If there is no active UMW unit at your church, mail your form to the UMW District Treasurer.

A copy of this form is to be kept by the Unit Treasurer.

Please remind participants that pins can take up to 6 – 8 weeks for delivery

Spiritual Growth

Marjorie Long-Brown

“Do not fail to welcome strangers,” Hebrews 13:2

It was a joy to welcome so many members to our Training Day, although they were not strangers—not strangers to the Purpose of the United Methodist Women. We sincerely hope that we have lived up to our theme: “Welcomed by God, Welcoming All.”

As you return to your units, don't forget the promises you made during last year - namely, to practice personal prayer as you listen for God's call. Maintain a prayer fellowship. Just as physical exercise is necessary to maintain the body, so is spiritual exercise necessary for the soul.

Encourage members to attend our Spiritual Life Retreat on March 20-21 in Front Royal. It will be a Botox treatment for the soul. Details can be found on our website. I hope to welcome you there.

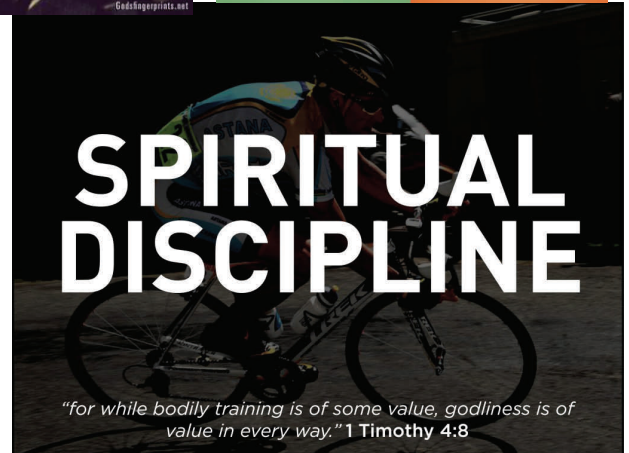
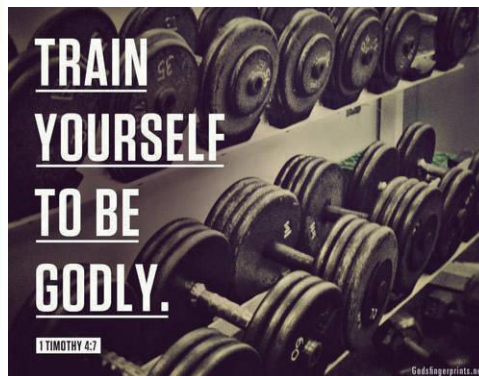
Yours in Christ,

Marjorie Long-Brown

**Spiritual
Disciplines**
training
for
holiness



*Work,
When I would rather play
Rest,
When I would rather walk
Strive,
When I would rather quit
Give,
When I would rather grasp
Listen,
When I would rather talk
Your voice,
It speaks from day to day
Teach me
How to just obey.*



Membership Nurture & Outreach

Katy White

I first want to introduce myself as the new Arlington District UMW Membership Nurture & Outreach Coordinator. My husband is the minister at Pleasant Valley UMC. I look forward to getting to know you and your unit better in the coming year as we discover how we can best support each other.

Many of us were able to meet during the UMW Training Day to share ideas and resources on how to create welcoming and nurturing units that meet the needs of the women in our congregations and our communities. It was a very uplifting conversation and I look forward to many more!

Thanks to all of you who have submitted your 2014 membership numbers, with a little over 60% of our units reporting, we can say that the Arlington District UMW has 810 members who are involved in ministry and fellowship in their local congregations and communities. If you have not yet submitted your membership numbers, it's not too late! You can email your forms (or just your numbers) to me at katy.h.white@gmail.com.

All the best,
Katy



Social Action

Lisa George

Please allow me to introduce myself. My name is Lisa George and I am your new Social Action Coordinator. I'm very excited to serve you in this position and look forward to four years of collaboration on social issues in the Arlington District.

The Arlington District's 2 focuses this year are **Human Trafficking** and **Poverty**. Both of these topics have large umbrellas that cover many individual and specific areas. For example, there are so many areas relating to poverty that it would be impossible to address each and every one. My suggestion would be to select one or two issues of need and focus on that one issue this year. These can include clothes closets, food banks and all of their associated tasks – collection, delivery, volunteering in the actual closet or food bank sorting items and working on distribution, just to name a few. You could work on letter writing, e-mailing, visiting your local and state representatives – Senators, Congressmen, Delegates, keeping track of bills that are coming up for discussion/vote that will affect local, county, and state policies and laws. I will try to keep track of important poverty and human trafficking bills that are up for discussion and vote and keep you informed of letter-writing, e-mailing, and phone calling campaigns on these important issues. If you don't know who your local and state officials are, please email me and I will find out for you.

There are several Action Alerts you can subscribe to – the UMW's website is - <http://www.unitedmethodistwomen.org> General Board of Church and Society shares information on Justice issues relating to the local area – <http://www.umc-gbcs.org> The Virginia Interfaith Center for Public Policy sends out alerts and ideas on how to advocate for justice – <http://virginiainterfaithcenter.org>. I would suggest at least one person in your Unit subscribe to these Action Alerts and share them with your UMW. Subscriptions to the above Action Alerts will meet part of the Section 3 Requirements in the Living Into Our Purpose Form.

Our Spring Prayer Breakfast coming up on April 18 will focus on **Human Trafficking** and the work of the Northern VA Task Force on Human Trafficking. I will be there and look forward to meeting you at this exciting and informative event.

If you have any questions or would like suggestions on ways to serve in your community please email me and I will do my best to answer your questions. If I don't know the answer, I'll do all I can do to find it. Email is the best way to get in touch with me. I look forward to hearing from you and meeting you at the Spring Prayer Breakfast. Thank you for this opportunity to serve.

Blessings,
Lisa George
lgeorge7@cox.net

Huddling to Intercept Human
Trafficking at Training Day



Mission Education & Interpretation

Doris Douglass

Hello everyone.

I would like to welcome any new Mission Education and Interpretation Coordinators. If your unit does not have this position that is fine. I will gladly answer anyone's questions, send information or help in any way I can. Please feel free to contact me. I am here to help you.

This year the United Methodist Committee on Relief or UMCOR will celebrate its 75th anniversary. It was formed in response to World War II's devastating effects around the world. It was originally called the Methodist Committee for Overseas Relief or MCOR. They would identify a need and then raise the money from local churches. Today their mission has changed very little from when it was formed in 1940. I had no idea that UMCOR was in the Book of Discipline, their current responsibility is "To provide immediate relief of acute human need and to respond to the suffering of persons in the world caused by natural, ecological, political turmoil and civil disaster." A pretty tall order.

UMCOR's administrative and other costs are covered through the annual One Great Hour of Sharing. Any extra and 100% of all other donations go directly to the intended projects.

There are five areas of relief: Hunger, Health, Refugees, Emergencies, and Relief Supplies. The kits we make each year for Annual Conference are part of Relief Supplies, but are used in the other four areas as well. You can find all the information about making kits or sending money to make kits, in the 2014-2015 Mission Opportunities booklet on page 8, or go to their web site at, www.umcor.org, to learn more about UMCOR. On the web site you can find out what types of kits are needed.

I look forward to your questions.

Yours in Christ,
Doris

Doris Douglass
7213 Vellex Lane
Annandale, VA 22003

DorisDouglass@msn.com



Program Resources

Gladys Packett

New year! New beginning! I think that it is fabulous that our United Methodist Women's Program begins afresh each year by offering all units the opportunity to attend "Training Day." This past January 31, training was held at Mt. Olivet UMC in Arlington. If you were not able to attend, you may not have the information that was shared during the session regarding the Reading Program:

The Reading Program is to encourage United Methodist Women:

- to expand understanding of participation in God's mission;
- to increase sensitivity to all human beings--their needs, interests, and contemporary life;
- to encourage critical thinking about issues facing humanity today;
- to grow in understanding of scripture as it relates to Christian faith in contemporary life;
- to enhance self-knowledge and to act from that knowledge;
- to strengthen involvement in local and global Christian mission.

The Reading Program is a great opportunity for groups of all sizes to get together to discuss the books read. That means that even a UMW circle of two can have a great time discussing books read. Also, the Reading Program is a study opportunity that should lead to action. Here are a few suggestions:

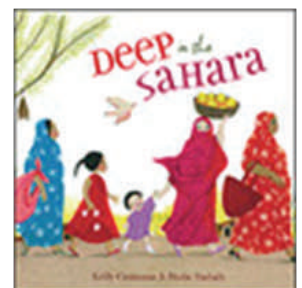
- **Pray-** Books often raise concerns about people, countries, and other issues. Bring these concerns to God during your prayer time at home and at group meetings
- **Host a program-** Using themes such as the environment, explore ways to become better stewards of God's Earth.
- **Encourage-** Your church youth to read and review titles from the reading lists
- **Join-** A Reading Program group through UMWOnline.org
- **Share-** Reading Program books and "Response" with retirement and nursing homes or volunteer to read to residents
- **Honor-** All the participants of the Reading Program
- **Display-** Reading Program books and encourage reading

One of the areas **not** discussed during the training was that the United Methodist Women want to give children an opportunity to read books from our Reading Program, receive credit when the criteria are met, and then receive a Reading Program Certificate. Since United Methodist Women are concerned about ALL children, we want to invite any child wishing to participate. Some units may have a circle of elementary girls, but anyone can participate. This program is for children 3-12. Books may be read to children ages 3-6, but children 7-12 must read the books themselves.

The reading list offers a wide variety of subjects to not only increase awareness of global concerns, but also to enhance spirituality and concern for others in the community. This is an excellent way to let children be involved, learn more about the Purpose and feel the concern of the United Methodist Women for children.

If you have any questions regarding the program, please let me know.

Gladys Packett
Secretary of Program Resources
gpacket@verizon.net
Happy Reading!





Arlington District United Methodist Women 2015 Calendar

PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

<u>Event</u>	<u>Date</u>
Mini-Mission Encounter 9 am—3 pm @ Aldersgate UMC, Alexandria	March 14, 2015
Arlington District UMW Spiritual Life Retreat @ 4-H Education Center, Front Royal Theme: Welcomed by God, Welcomed by All	March 20-21, 2015
Arlington District UMW Spring Prayer Breakfast @ KUMC of Greater Washington Topic: Human Trafficking	April 18, 2015
Virginia Conference UMW Spiritual Life Retreat @ VUMAC	May 1-3, 2015
Arlington/Alexandria Bi-District Day Apart @ Arlington Temple UMC Topic: Imagine No Malaria	May 16, 2015
UMW Day @ Ferrum College	June 6, 2015
UMW Breakfast @ VA Annual Conference, Roanoke	June 20, 2015
Mission Encounter @ VUMAC	July 23-26, 2015
Virginia Conference UMW Young Women's Event @ VUMAC	September 18-19, 2015
Arlington District UMW Annual Meeting @ Sterling UMC	September 19, 2015
Virginia Conference UMW 43rd Annual Meeting @ VUMAC	October 24-25, 2015
Arlington District UMW Advent Event @ Pleasant Valley UMC	November 14, 2015

Arlington District United Methodist Women Officers for 2015

ELECTED OFFICERS

President

Angela Sokolowski
808 Potomac Ridge Court
Sterling, VA 20164-1368
703-421-6445
TheSokos@mac.com

Vice President

Susan Chung
851 N. Glebe Road, Apt. 1520
Arlington, VA 22203
202-731-6092
SusanChung1122@gmail.com

Secretary

Janet Keener
1803 Midlothian Court
Vienna, VA 22182-3428
703-281-7685
Janet_Keener@cox.net

Treasurer

Frances Ellis
2933 Fox Mill Road
Oak Hill, VA 20171-1527
703-476-1127
fwellis@aol.com

MISSION COORDINATORS

Education and Interpretation

Doris Douglass
7213 Vellex Lane
Annandale, VA 22003
703-642-0661
DorisDouglass@msn.com

Social Action

Lisa George
7615 Lee Highway, #202
Falls Church, VA 22042
703-623-8071
LGeorge7@cox.net

Membership Nurture and Outreach

Katy White
25508 Upper Clubhouse Drive
South Riding, VA 20152
703-973-1606
Katy.H.White@gmail.com

Spiritual Growth

Marjorie Long-Brown
5575 Seminary Road #313
Falls Church, VA 22041-3556
703-575-8353
marjol@fastmail.fm

Secretary for Program Resources

Gladys Packett
879 N. Jacksonville Street
Arlington, VA 22205-1323
703-522-0341
gpackett@verizon.net

NOMINATIONS COMMITTEE

Vacant at this time

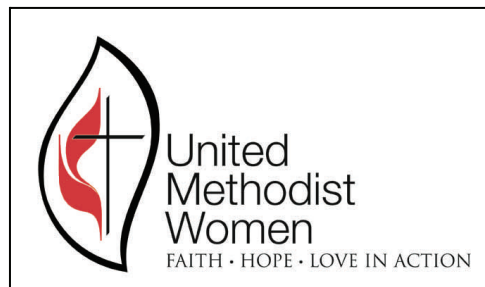
APPOINTED OFFICERS

VUMAC Representative

Vacant at this time

Editor of the Tapestry

Frances Ellis
2933 Fox Mill Road
Oak Hill, VA 20171-1527
703-476-1127
fwellis@aol.com



For general information about Arlington District UMW, e-mail
arlingtondistrictumw@gmail.com

MINI MISSION ENCOUNTER

Open Invitation to All – Men, Women & Teens

Sponsored by
Alexandria District United Methodist Women

March 14, 2015
9:00 AM – 3:00 PM
Location: Aldersgate UMC
1301 Collingwood Rd.
Alexandria, VA 22308

Cost: \$15.00 including Lunch

MISSION STUDIES (Choose one. See reverse side for more information):

How Is It with Your Soul?

Speaker: Darlene Runaldue - Director of Program and Adult Ministries, Grace UMC Manassas

The Church and People with Disabilities

Speaker: Kelly J. Buckland - Executive Director of the National Council on Independent Living (NCIL)

Register by mail to: Mary V. Wright, 16036 Kings Mountain Rd, Woodbridge, VA 22191

OR register by e-mail at marytonv3958@comcast.net or call 703-730-0448

You may pay at the door but please register **by March 6.**

Name: _____

Church: _____

Phone: _____ Email _____

Amount Enclosed: _____ Pay at door _____

Choice of Study ("Soul" or "Disabilities"):

First Choice _____ **Second Choice** _____

**MINI MISSION ENCOUNTER
MARCH 14, 2015**

INFORMATION ON STUDIES AND SPEAKERS

How Is It with Your Soul?

Resource book authors – Priscilla Pope-Levison & Jack Levison

Description from 2014 Virginia Conference Mission Encounter:

Spiritual Growth Study: How Is It With Your Soul? This study is framed within four verbs, “pray”, “learn”, “mentor”, and “trans-form”. This study will give an overview of the setting for this question– “How Is It With Your Soul?” –in Methodist class and band meetings, and moves from the individual to the church to the world. Study Leaders: Rev. Richard Geoghegan, Rev. Judy Fender, and Darlene Runaldue.

Speaker for Mini Mission Encounter:

Darlene Runaldue - Director of Program and Adult Ministries, Grace UMC Manassas

Darlene coordinates church events, adult education and other aspects of faith development for all ages. Darlene has been a part of Grace UMC's staff since the early 1990's. She is certified in Christian Education by the Virginia Conference of the UMC and a trained Stephen Ministry Leader. She earned her Bachelor's degree in Religion from the University of Mary Washington and is the proud mother of two adult children, Kristen and Nathan, who are both college students. She loves her two 'grand puppies,' Ernie & Denver.

The Church and People with Disabilities

Resource book author – Peggy A. Johnson

Description from 2014 Virginia Conference Mission Encounter:

Issue Study: The Church and People with Disabilities

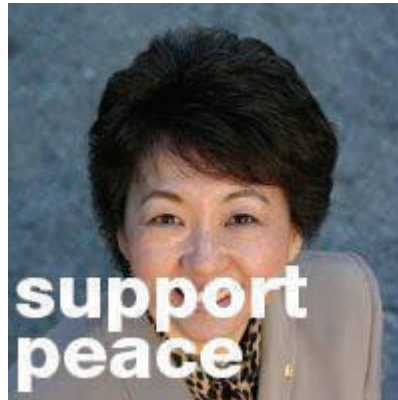
This study will focus on Awareness, Accessibility and Advocacy. Provides for hands on experience completing an accessibility audit and engaging in multi-sensory worship and education. Study Leaders: Rev. Elizabeth von Trapp Walker, Rev. Jo Ellen Hetherington and Brenda Connelly. Korean Class Study Leaders: Rev. Jin-wook Oh, Kyounghee Malawi

Speaker for Mini Mission Encounter:

Kelly J. Buckland - Executive Director of the National Council on Independent Living (NCIL).

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States. Kelly, wife Merle, and son Rodney are members of Del Ray UMC in Alexandria.

Study Books available at www.umwmissionresources.org for \$10 each plus shipping, or at www.amazon.com, Kindle Edition for \$5.95.

CELEBRATING WOMEN'S HISTORY MONTH**WOMEN SUNDAY MARCH 15, 2015**

March is Women's History month.

On March 15th, 2015 St. Luke's UMW will be hosting Sung-ok Lee, Assistant General Secretary of Christian Social Action of the UMW organization from the New York Office to speak at the 11 am service. She is a fantastic lady and a leader. She will be speaking about UMW's work nationally and globally. Come enjoy our annual potato soup lunch after the service.

Everyone is invited.

St. Luke's is located at 7628 Leesburg Pike in Falls Church.

If more info is needed, please contact Connie Shrader at KRShrader@AOL.com.

Thank you,

Connie Shrader

St. Luke's UMW President

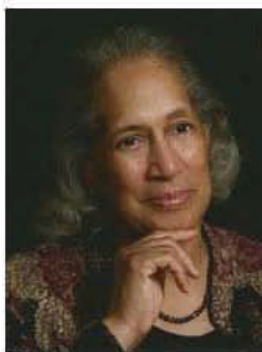
Welcomed by God - Welcoming All

March 20-21, 2015

Northern Virginia 4-H Center, Front Royal, Virginia

Arlington District United Methodist Women

Retreat Leader: Rev. Doris V Byrd – Madison



Born in Falls Church, Virginia, Rev. Doris V. Byrd Madison, was one of the first African-Americans to integrate the Fairfax County public schools. She received the call to ordained ministry in 1990. She attended Shenandoah University and Eastern Mennonite Seminary.

She has pastored St. James UMC in Hampton, St. Paul UMC in Roanoke and the Purcellville Circuit Charge. She retired in June 2014 ending her time as pastor of Magnolia UMC in Suffolk, Virginia for six years with a total of 22 years in ministry. Rev. Madison was married to the late Calvin Byrd, Jr. and has two daughters from that marriage. Her marriage to the late George A. Madison ended with his passing on August 17, 2012. Rev. Madison believes that she has been, and is, able to accomplish all things because God's grace.

**Register Early!
Limited Availability!**

Retreat Schedule

4:00pm – Friday arrival
4:30pm – Gathering
5:00-5:45pm – Worship
6:00-6:15pm – Evening Prayer
6:30-7:30pm – Dinner
8:00-9:30pm – Session I
7:00-7:15pm – Morning Prayer
7:30-8:00am – Breakfast
8:30-11:45pm – Session II
(9:45 – 10:00am – Break)
12:00-12:15pm Noon Day Prayer
12:30-1:00pm – Lunch
1:30-3:00pm – Session III
3:00-3:45pm – Closing Worship

Our schedule will blend in with the rhythm of life of the 4-H Center

Name _____ Phone Number _____

Address _____

City/State/ZIP _____

Email Address _____

_____ Full Retreat (\$85.00 includes lodging and 3 meals.) Friday 4:00pm – Saturday 4:00pm or

_____ Saturday only (\$42.00 includes lunch only) 8:30am – 4:00pm

Please send registration form and payment by March 1 to Frances Ellis, 2933 Fox Mill Rd., Oak Hill, VA 20171

ARLINGTON DISTRICT UNITED METHODIST WOMEN
SPRING PRAYER BREAKFAST

STOP SOCIAL ACTION
Human Trafficking

Human Trafficking is the Second Largest Criminal Industry in the World.

Join us as we learn together more about:

- ➔ What is Human Trafficking?
- ➔ Why it happens?
- ➔ Where it is Happening?
- ➔ How can WE make a difference through our awareness, prayers, and love.

APRIL 18, 2015

9:00AM - 12:00

Breakfast & Childcare Provided

KOREAN UNITED METHODIST CHURCH OF GREATER WASHINGTON

1219 Swinks Mill Road, McLean, VA (703) 448-1131





Rev. Dr. Marva Usher-Kerr, Retreat Leader

Hailing from United Methodist Women in New York City, where she is currently the Executive Secretary for Membership, Marva has served a total of 31 years with the Global Ministries and United Methodist Women. She is also a certified evangelist serving Willis Ave. UMC, Bronx, as associate pastor. She is past president of the New York Conference United Methodist Women, a delegate to General and Jurisdictional Conferences in 2004, 2008 and 2012; she served in mission in Haiti, Africa and South America and worked with Russian and Cambodian women as well as with stateside local, district and conference women. A graduate of the State University of New York at Stony Brook, she earned a Master of Divinity and Doctor of Ministry from New York Theological Seminary.

Mission Emphasis for Retreat: Wesley Community Service Center in Portsmouth, the only national United Methodist Women project in VA, needs **gift cards** in any amount from **Food Lion** or **Walmart**. The cards allow the Center to offer assistance for food or pharmacy items. Please bring a gift card(s) to the retreat.

Other items to bring to retreat: Bible, magazines for cutting, pen/pencil, paper, money for offering and ice cream social, layers of clothing for WARMTH

VIRGINIA CONFERENCE UNITED METHODIST WOMEN

SPIRITUAL LIFE RETREAT

May 1-3, 2015



Fill My Cup

Retreat Leader:
Rev. Dr. Marva Usher-Kerr

Blackstone Conference & Retreat Center
(Former Blackstone College)
707 Fourth Street
Blackstone, VA 23824
434-292-5308

The Retreat Program begins officially on **Saturday at 10:00 a.m.**, with the option of arriving Friday afternoon or evening, and ends with lunch on Sunday. There will be two offering opportunities, one Saturday and one Sunday. Dress will be casual. Bring your favorite snacks. There are vending machines for soft drinks.

Friday evening

4:00 to 7:00 p.m.	Registration (maps available)
4:00 to 6:00 p.m.	Book Room open(limited books available)
6:00 p.m.	Dinner
7:00 to 8:30 p.m.	Book Room open, etc.
7:15 p.m.	Small Group Leaders meeting, VA Rm
8:30 p.m.	Vespers, VA Room

Saturday morning

7:30 a.m.	Devotions, VA Room
8:00 a.m.	Breakfast
9:00-9:45	Free Time, Book Room open, Registration (maps available)
9:45 a.m.	Musical Praise, Auditorium
10:00 to 11:00 a.m.	Session 1
11:15 to 12:15 p.m.	Small Group 1

Saturday afternoon

12:30 to 1:30 p.m.	Lunch
1:45 to 2:30 p.m.	Focus Groups
	Free Time, Book Rm. open
2:45 p.m.	Musical Praise, Auditorium
3:00 to 4:00 p.m.	Session 2
4:15 to 5:15 p.m.	Small Group 2
5:15-6:00	Book Room open

Saturday evening

6:00 to 7:00p.m.	Dinner
7:15 p.m.	Musical Praise, Auditorium
7:15 to 8:30 p.m.	Session 3
8:35 p.m.	TBD
9:00 p.m.	Ice Cream Social
9:15-10:00 p.m.	Book Room open

Sunday morning

7:30 a.m.	Devotions, VA Room
8:00 a.m.	Breakfast and packing
9:00 to 10:00 a.m.	Session 4
10:15 to 11:00 a.m.	Small Group 4
11:15	Musical Praise, Auditorium
11:30 a.m.	Worship and communion
12:30 p.m.	Lunch/Depart

Spiritual Life Retreat May 1-3, 2015

Name _____
Street _____
City _____ State _____ Zip _____
Church _____ District _____
Phone _____ Email _____
Roommate(s) _____
Teens: Age ____ Grade ____ Parent's name _____
Are you a Young Woman (age 18-40)? Yes ____ No ____
Are you a first timer? Yes ____ No ____
Any condition requiring special room assignment, diet, etc? _____

Overnight Attendance: please check-in when you will arrive;
linens, soap, TP provided

_____ Friday through Sunday (with Friday dinner)	\$160.00
_____ Friday through Sunday (without Friday dinner)	\$152.00
_____ Saturday (Sat. lunch at 12:30 - Sunday lunch)	\$104.00
_____ Private room requested – add \$5.00 more per night	
_____ Goodson Lodge room requested – add \$10.00 more per night	
Total for Overnight registration remitted \$ _____	

NOTE: ABOVE PRICES DO INCLUDE ROOM, MEALS, AND \$17.00 REGISTRATION FEE.

Day Attendees: \$17 registration fee **plus cost of meals;**
participation begins upon arrival

_____ Friday dinner \$10.50	_____ Saturday lunch \$8.75
_____ Saturday dinner \$8.00	_____ Sunday breakfast \$6.50
_____ Sunday lunch \$9.75	
Total for Day registration remitted \$ _____	

Mail registration form and check for the total amount payable to Virginia Conference United Methodist Women to the registrar:
Jo Ann Liskey: 4856 Shen Lake Dr., Harrisonburg, VA 22801-6043
(Phone: 540-434-2997 Email: jaliskey@juno.com).

Registration deadline: April 24, 2015
No refunds after April 24th



CHARTER FOR RACIAL JUSTICE SEMINAR

*"Making Racial Justice
Happen!"*

**Baltimore-Washington
Eastern Pennsylvania
Greater New Jersey
Peninsula-Delaware
New York
Susquehanna
Virginia
West Virginia
Western Pennsylvania
Conferences**



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

**May 15 - 17, 2015
Blackstone United Methodist
Conference Center
Blackstone, VA**

Includes Speakers and Workshops

WELCOME!

Clergy and laity, men and women, young adults and youth, are invited to attend this Seminar on national/international issues sponsored by United Methodist Women. This Seminar will explore the CHARTER FOR RACIAL JUSTICE. It will offer ways to get involved in implementing the charter through Bible studies, worship, programs, workshops, displays, issues and action ideas. The outcome is to live the charter and promote racial justice in the United States and the world. The United Methodist Seminar Program on National and International Affairs is a joint program of the National Office of United Methodist Women and the General Board of Church and Society (GBCS).

2015 United Methodist Seminar Topic

CHARTER FOR RACIAL JUSTICE SEMINAR

***"Making Racial Justice
Happen!"***

CONTACTS:

Any Charter for Racial Justice Seminar
Committee Member

Sue Boltz 703-768-7499
Sabrina White 410-515-7629

CHARTER FOR RACIAL JUSTICE SEMINAR COMMITTEE

- **Baltimore-Washington:**
Nancy Randers-Pehrson,
Elizabeth Stemley, Sabrina
White, Colleen Cates, Kathleen
Charters, Ann Price, Judy Smith,
Willa Kynard
- **Eastern Pennsylvania:**
Gladys Hubbard
- **Greater New Jersey:**
Marilyn Powell, Millie Grey
- **Peninsula-Delaware:**
Crystal Johnson, Denise Synder,
Bernadette Cannady, Inez
Freedman, Darlean Ashley
- **New York:**
Gail Boykin, Deborah Jenkins
- **Susquehanna:** Toni Oplinger,
Jennifer Haines, Cathy Berkey
- **Western Pennsylvania:**
Barbara Hess, Donna Burkhart
- **Virginia:**
Joyce Winston, Sue Boltz
- **West Virginia:** Judy Raines,
Esther Barkat, Diane Braun

UMW National Office Staff—

- Jay Godfrey—Seminar Designer
jgodfrey@unitedmethodistwomen.org
--Jennifer McCallum—Seminar Designer
jmccallum@unitedmethodistwomen.org
--Janis Rosheuvel—Executive Secretary for
Racial Justice
jrosheuvel@unitedmethodistwomen.org

ACCOMMODATIONS AND FEES

Included in the cost is a \$50.00 non-refundable registration fee. The fees include conference center boarding room costs, seminar fee, and 5 meals.

Note our low early bird rates, and the single occupancy option!!

	Early Bird by Feb 28, 2015	Mar 1–April 30
Single (1 in a room)	\$200.00	\$225.00
Double (2 in a room)	\$175.00 per person	\$200.00 per person
Triple (3 in a room)	\$165.00 per person	\$190.00 per person
Quad (4 in a room)	\$155.00 per person	\$180.00 per person

Notes:

Above costs are to be paid by each person sharing a room. A separate registration form is required for each person. Registrations are on a first come-first serve basis.

Each person must submit both a registration form and payment before being registered for the Seminar.

The committee is not responsible for assigning roommates. Persons sharing a room must identify roommates on each registration form. Roommates should send their forms together.

We will confirm your registration along with information on the seminar after we receive your payment.

Make check payable to:
Baltimore Washington Conference UMW

Send to:
**Registrar: Sue Boltz
6901 Stoneybrooke Lane
Alexandria, VA 22306**

703-768-7499



**Baltimore-Washington
Eastern Pennsylvania
Greater New Jersey
Peninsula-Delaware
New York
Susquehanna
Virginia
West Virginia
Western Pennsylvania
Conferences**

Present



CHARTER FOR RACIAL JUSTICE SEMINAR

*"Making Racial Justice
Happen!"*

**May 15 - 17, 2015
Blackstone United Methodist
Conference Center
Blackstone, VA**

Charter for Racial Justice Seminar REGISTRATION FORM

NAME _____

STREET ADDRESS _____

CITY, STATE, ZIP CODE _____

PHONE (HOME) / (CELL) _____

E-MAIL _____

CHURCH _____

DISTRICT _____

Check the box for your Conference:

B/W ☐ EPA ☐ GNJ ☐ PD ☐ NY ☐
Susquehanna ☐ VA ☐ WV ☐ WPA ☐
Other _____

AMOUNT ENCLOSED: _____ **CK#** _____

ROOMMATE(S): Each person must submit a
separate registration form.

Do you need child care at the seminar?
No ___ Yes ___ If yes, please contact the
registrar: Sue Boltz

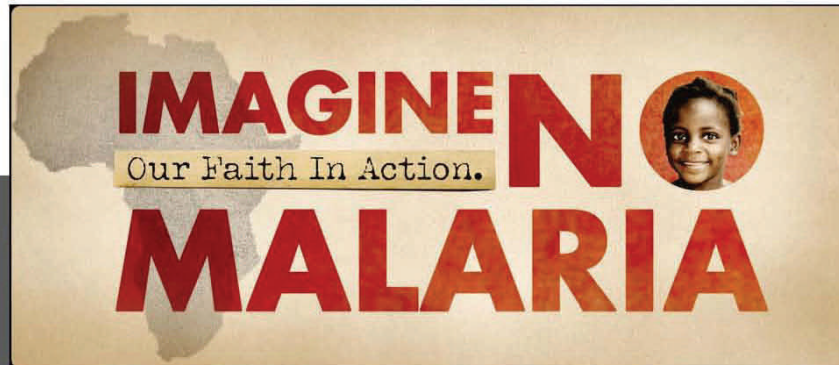
STATISTICAL INFORMATION

Laity ___ Clergy ___ Female ___ Male ___ Youth ___

First time attending a Charter for Racial for Justice
Seminar? Yes ___ No ___

United Methodist Woman? Yes ___ No ___

Arlington & Alexandria United Methodist Women Bi-District Day Apart



Join United Methodist Women of the Arlington
& Alexandria Districts for a Day of Reflection

May 16, 2015
9:00am - 3:00pm

ARLINGTON TEMPLE UNITED METHODIST CHURCH
1835 N Nash Street, Rosslyn, VA

GOOD NEWS, MALARIA IS 100% PREVENTABLE

Learn how using bed nets, providing access to diagnostic tests and medicine, draining standing water, improving sanitation, and YOUR HELP are all saving lives.

Name: _____ Church: _____

Email: _____ Phone: _____

- ☐ **Special Dietary Requirements:** _____
- ☐ **Childcare Needed** – Number of Children _____ Ages of Children _____

Please return form and check for \$15.⁰⁰ made out to Arlington District UMW.
Mail to Susan Chung 851 N. Glebe Road, Apt. 1520 Arlington, VA 22203 by May 1, 2015.



Ferrum College UMW Day Saturday, June 6, 2015



Registration - Vaughn Chapel patio	9:30 am
Service of Celebration - Vaughn Chapel	10:00 am
featuring the Java Brothers Bluegrass Band,	
Lunch Group I - Franklin Dining Hall	11:00 am
Program Group II - Schoolfield Hall	11:00 am
"The Mark Twain Show" by Rex Stephenson	
Lunch Group II - Franklin Dining Hall	12:30 pm
Program Group I - Schoolfield Hall	12:30 pm
"The Mark Twain Show" by Rex Stephenson	

UMW Day 2015 invites you to wear your favorite summer straw hat and prepare for a southern "Adventure." Your day begins with some good ol' fashioned southern fellowship on the Vaughn Chapel patio at 9:30 am as you sip your choice of juice or coffee and enjoy sumptuous pastries

You will then move inside to relax in the cool of the Chapel and enjoy some toe tapping bluegrass gospel as presented by the Java Brothers Bluegrass Band. The Java Brothers are from Radford, Virginia. They offer a variety of old and new styles patterned after some of their favorites: Bill Monroe, the Stanley Brothers,, Sam Bush, the Country Gentlemen, the Beatles, the Stones, and all the greats.

The fun continues over a southern ladies lunch and "The Mark Twain Show" as presented by Professor Emeritus Rex Stephenson, creator of the Jack Tale Players and the Blue Ridge Dinner Theatre. This show is a real treat as it depicts the life of Mark Twain, and is written and performed by Dr. Stephenson.

So unpack your straw hat and get ready for the
"Adventure" at this year's
UMW Day Ferrum College

Name (please
print) _____

Address _____

Phone and email contact _____

Church _____ District _____

Amount enclosed

Please note on this form any Special dietary needs
(gluten free, vegetarian, vegan, lactose free, sugar free)

\$ _____

Make Checks payable to: Ferrum College
Mail to: Ferrum College UMW Day
622 Ferrum Mountain Road
Ferrum, VA 24088

For more information
Dr. Jan Nicholson,
Dean of the Chapel
540-365-4285

Reservations until April 3

\$17

After April 3 \$22

REGISTRATION

DEADLINE MAY 8

**(group assigned when
registration received)**

2015 Kits for Conference Information

Various types of Relief Supply Kits will be collected at the 2015 Virginia Annual Conference session. Kit collection is being conducted to replenish the United Methodist Committee on Relief (UMCOR) supply.

Local churches are encouraged to collect items for any of the most requested UMCOR kits — Bedding, Birthing, Cleaning, Health, Layette, School and Sewing Kits — and bring them to Annual Conference.

For kit instructions, go to <http://www.umcor.org/UMCOR/Relief-Supplies>

Kits should be taken to the two tractor-trailers at the far end of the Berglund Center Parking lot A, near the intersection of Williamson Road and Orange Ave. (across from the Sheetz Gas Station). Kits will be received 12-2:00 p.m. Thursday, June 18; 8 a.m.-5:00 p.m. Friday, June 19; and 8:00 a.m.-12:00 p.m. Saturday, June 20.

Send cash for kits directly to conference treasurer

If you prefer to contribute cash to enable United Methodist Committee on Relief (UMCOR) to purchase relief kits, you can contribute:

\$50 for each bedding kit;

\$8 for each birthing kit;

\$55 for each cleaning kit;

\$12 for each health kit;

\$35 for each layette kit;

\$11 for each school kit; and

\$18 for each sewing kit.

In addition, UMCOR asks for \$1 per kit (\$1.50 for cleaning buckets) to cover processing and shipping and \$1 for toothpaste for each health kit. Please do NOT bring checks to Annual Conference. ALL checks (for processing and shipping, for toothpaste and in lieu of providing kits) should be made payable to “Virginia Conference UMC,” earmarked for “kits” and mailed to Treasurer, Virginia Conference of The United Methodist Church, P.O. Box 5605, Glen Allen, VA 23058 any time prior to Annual Conference, and no later than Aug. 31.

Volunteers needed to collect kits at Annual Conference

More volunteers are needed for this year’s “Kits for Conference” collection at Annual Conference. You can help (1) write information on a clipboard; (2) sort kits; (3) seal boxes; or (4) load boxes onto the tractor-trailers. Kit collection will take place Thursday, June 18 from 12-2:00 p.m.; Friday, June 19, from 8 a.m.-5:00 p.m. and Saturday, June 20, 8:00 a.m.-12:00 p.m. If you can volunteer to help, e-mail Virgil Decker at vdecker@cox.net or contact Jeff Wilson at Huntington Court UMC, (540) 366-3465, to indicate what time you would be available.

