



United  
Methodist  
Women  
FAITH · HOPE · LOVE IN ACTION

# Mission Tapestry

Arlington District United Methodist Women

Vol. XXXVII, No. III

August 2016

**PURPOSE**  
of the United  
Methodist Women

The organized unit of  
UNITED METHODIST  
WOMEN  
shall be a community of  
women whose  
PURPOSE is to know  
GOD and  
to experience  
FREEDOM as whole  
persons through  
JESUS CHRIST;  
to develop a creative,  
supportive  
FELLOWSHIP;  
and to expand  
CONCEPTS OF  
MISSION  
through participation  
in the global  
ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly— February, May, August, and November.

Articles for publication are welcome and should be directed to ArlingtonDistrictUMW@gmail.com by the 1st of the publication month.

Check out our website at [www.ArlingtonDistrictUMW.org](http://www.ArlingtonDistrictUMW.org)

## District President's Message

Hello beautiful women of the Arlington District United Methodist Women!

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.” Jeremiah 29:11-13 (NIV)

Change! This is a word that some of us embrace and look forward to meeting with an open heart while others of us cringe at the mere mention of the word. And the ability to love and hate this word also changes as our situations and seasons of life change. I think that the uncertainty of what is to come with change is what is most feared by those that don't take kindly to the word change, while if we have just a glimmer of light, insight or hope it makes the action of change more likely to be something that is welcomed and embraced. We are reminded of this in Jeremiah 29:11-13. Call on God, pray to Him and He will listen to you. Ultimately He has the plans in place, we just need to see the glimmer of light, insight or hope to know that His will be done. We are women of change and we make it happen. Stand strong on the Word of God and you shall never fear change.

I am very much looking forward to seeing all of you at the many upcoming events this fall and winter where we can learn and grow through our fellowship. Please join us **Saturday, September 24th** for the **UMW Annual Meeting** at Wesley United Methodist Church as we install our new District Officers for 2017 and enjoy the inspiring speaker Rev. Kris Beckert, Church Planter Trainee at The Vine. Also save the date on your calendar for **Saturday, November 12th** for our **Mini-Mission Encounter** at a location tbd, as we dive deeper into our mission focus of Climate Justice with our speaker Emma Samson. Then as we welcome 2017 join us **Saturday, January 28th** for our **Annual Training Day** at Andrew's Chapel United Methodist Church - this is more than just a day for your Unit Officers - everyone is invited and encouraged to come, learn and fellowship with your Sisters in Christ.

As United Methodist Women we make a difference, and it is when we come together that we can stand taller, speak louder, and Love more abundantly! YOU make it Happen! Many blessings to all of you for answering God's calling in your life through United Methodist Women.

In Sisterly Love,  
*Angela Sokolowski*  
President, Arlington District UMW

When the winds of change  
blow, some people  
build walls and  
others build windmills.  
-Chinese proverb

# Secretary

Janet Keener

Make a  
*joyful noise*  
to the LORD  
Psalm 100:1

*Dear Sisters,*

I hope that everyone is having a wonderful summer! It has been a time of rejoicing and reflection.

We all know about the four seasons in the year - winter, spring, summer, and fall. Our family celebrates what I fondly call "Birthday Season." Our younger son and his wife both have late June birthdays. July brings us several more birthdays - my husband, granddaughter, my brother, and mine. That's not counting my late father and aunts, uncles, and cousins! I awake each morning and determine to whom to joyously sing "*Happy Birthday to you!*" Some of you may have families with a "Birthday Season" as well.

"Birthday Season" with daily devotions are reminders to have thankfulness and appreciation for God's gifts of family, health, and life. Prayer is our expression of Love to God for all He does for us!

We at Wesley UMW look forward to seeing each of you at the Arlington District UMW Annual Meeting Saturday, September 24th. What a wonderful time to share as we prepare for 2017 with our ADUMW!

God Bless,

*Janet*

janet\_keener@cox.net

703-281-7685



# Treasurer

Frances Ellis

I spent such a refreshing 3 days at Mission Encounter at the end of July. It was a very special time for me for a lot of reasons. Mission Encounter was held at Randolph Macon College this year. It was sad to not be at Blackstone but my father and my grandfather are both graduates of Randolph Macon. My parents even moved to Ashland when my father retired so I was familiar with the area and it is only about half the drive from here as the one to Blackstone. It was also special for me because I could attend with my granddaughters. They were old enough this year and there was a children's class offered this year. The 3 of us studied Climate Justice and caring for God's Extravagant Garden. They had a terrific time and hope that they can attend again next year. I got to reconnect with friends from around the conference. And I had an extremely interesting session leader. I was not in Pat Watkins' class, who I have been lucky enough to hear speak several times. I had some concern about how you could even study Climate Justice without Pat. However, I am happy to report that you should certainly sign-up for anything being led by Rev. Dottie Yunger. She was a marine biologist for the Smithsonian before she became a minister. She has accomplished an amazing amount of work in an amazingly short period of time. You can read about her and her work at [www.umcmmission.org/find-resources/new-world-outlook-magazine/2016/may/june/0707heartofdc](http://www.umcmmission.org/find-resources/new-world-outlook-magazine/2016/may/june/0707heartofdc) or in the May-June 2016 issue of the New World Outlook. She is also one of the 8 authors of the Climate Justice study book.

Please get lots of things back to me in time for me to recognize you at our Annual Meeting on September 24. I need the Pledge Form below no later than September 9 to help with planning our budget for 2017. Send in all Rainbow Giver forms by September 10 so that I can recognize all our Rainbow Givers at our meeting. Send in all Candle Burning money and names by September 10 so that I can prepare the booklet of those honored and/or remembered. And please get your 3<sup>rd</sup> quarter contributions in to me no later than September 15 so that I can get them in to the Conference and so that I can recognize all of the 5 and 6 Star units.

The pledge information received in September is vital for planning for the future. Please clip off the form below and email/mail/call District Treasurer Frances Ellis by September 9 with your pledge information.

Name of Unit: \_\_\_\_\_

Pledges the amount of \$\_\_\_\_\_ to mission for 2017.

Frances Ellis  
District Treasurer  
2933 Fox Mill Road  
Oak Hill, VA 20171  
fwellis@aol.com  
703-476-1127

Check out our website at [www.ArlingtonDistrictUMW.org](http://www.ArlingtonDistrictUMW.org)



# Treasurer

Frances Ellis

## Become a UMW Rainbow Giver

The Virginia Conference United Methodist Women started the Rainbow Giver Program in 2010. This is an opportunity for you, as an individual, to personally give to the 5 Channels of Mission Giving.

Your gift of \$ 60.00 will make you a Rainbow Giver:

- \$ 40.00 to give someone special a Special Mission Recognition Pin
- \$ 5.00 to give a Pledge to Mission (this is in addition to your regular pledge)
- \$ 5.00 for a Gift to Mission Card
- \$ 5.00 for a Gift in Memory Card
- \$ 5.00 for a gift to World Thank Offering (this can be in addition to your change Box or World Thank Offering yearly donation)

It is so easy to become a Rainbow Giver; just fill out the form below and give the form to your unit treasurer with a check for \$ 60.00. On the form please specify which Gift to Mission Card you want and the name of the recipient for the Special Mission Recognition pin. Anyone can become a Rainbow Giver; *this is an opportunity for church members, spouses, or friends to participate in UMW Mission Giving.* This program does not replace your Pledge and World Thank Offering, but is an opportunity, as an individual, to contribute to five areas of Mission Giving.

If your church does not have an active UMW unit and you choose to be counted as a UMW, you may activate your membership via this Rainbow Giver Program. Complete the form and mail it directly to your District Treasurer. Please visit [www.arlingtondistrictumw.org](http://www.arlingtondistrictumw.org) to obtain UMW District Officers listing, District Events/calendar, UMW quarterly Newsletter and other information.

### Rainbow Giver Form

**Deadline Date: August 31st**

Your \$ 60.00 gift and this form is to be given to your Unit Treasurer

RAINBOW GIVER'S NAME: \_\_\_\_\_

RAINBOW GIVER'S ADDRESS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

RAINBOW GIVER'S PHONE: \_\_\_\_\_

Special Mission Recognition Pin in Honor of: (recipient's name): \_\_\_\_\_

Print name

Which Gift to Mission Card? \_\_\_\_\_

(In the Service of Christ, Thank You, Happy Birthday, Thinking of You, Peace, Congratulations, On Your Special Day, or Christmas card)

*All components must be submitted to your Unit Treasurer at one time. The Rainbow Giver gift is in addition to your regular Pledge and World Thank Offering. It is a wonderful way for members who can no longer attend meetings to continue their participation and membership in your UMW Unit.*

**All participants will be recognized at our District Annual Meeting and will receive a Rainbow Giver pin.** If you have any questions, please contact your District Treasurer or the Virginia Conference Treasurer.

**Remember: If there is no active UMW unit at your church, mail your form to the UMW District Treasurer.**

**A copy of this form is to be kept by the Unit Treasurer.**

Please remind participants that pins can take up to 6 – 8 weeks for delivery

# Membership Nurture & Outreach

Katy White

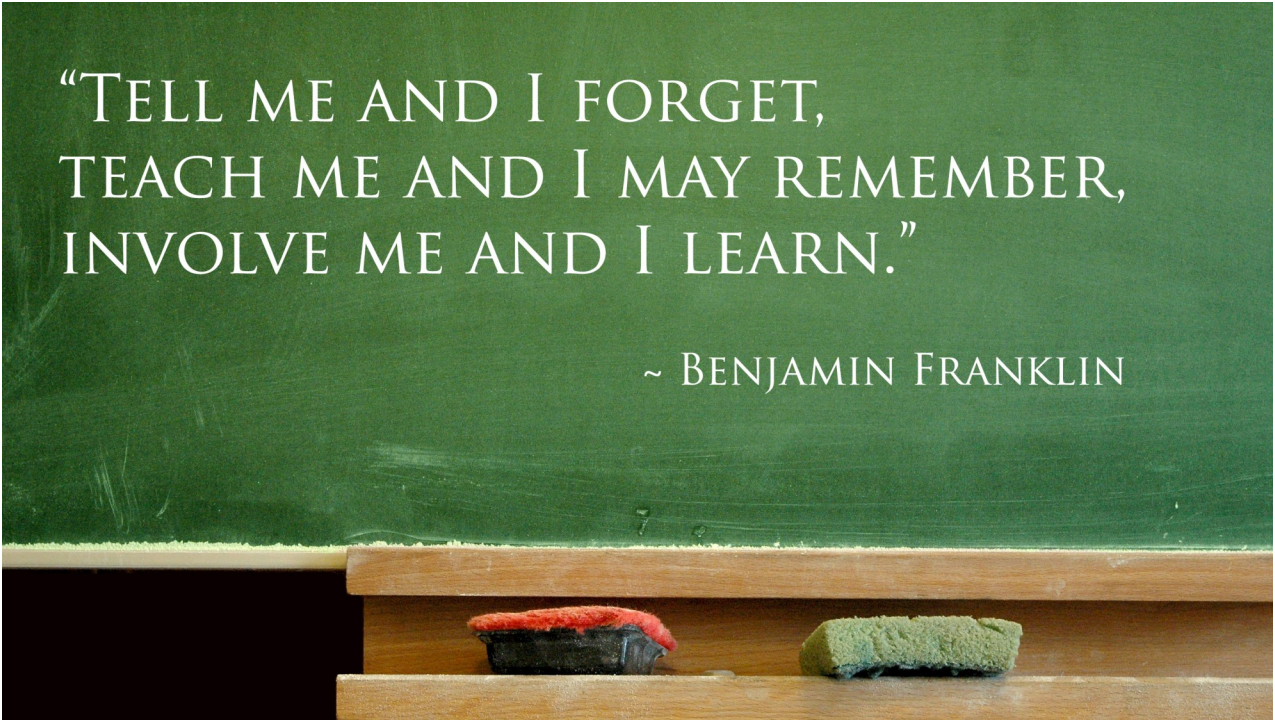
As we start a new school year, think back to your first day of class. Maybe you were nervous to be in a room full of people you didn't know and routines you weren't familiar with yet. Or maybe you were excited about the potential that the new school year would bring! In both situations, we know that God is with us- to guide the way and to bring the right people into our lives. That friendly face that saves you a seat a lunch, someone to play with at recess, a kind teacher who is always willing to help.

For many of us, those memories seem like a lifetime ago, and yet those feelings of nerves and excitement can be just as real in the church. Whether you are new to your church or you've been there since you were a child, there is often a new class or ministry to explore.

Now think about how other people may view your UMW unit. Are they excited to join a circle? Are they nervous that they won't know what to do when they get there? As you go into this school year, take a moment to think like a new student. What are they expecting? What questions do they have? How can you (as the teacher or the experienced student) make them feel welcome? Let them know that they aren't alone?

My challenge to you this school year is to find 3 new people in your church or your community- welcome them as though it's the first day of school and then involve them! Involve them in such a way that they know that the United Methodist Women truly is a **community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.**

*Katy*



“TELL ME AND I FORGET,  
TEACH ME AND I MAY REMEMBER,  
INVOLVE ME AND I LEARN.”

~ BENJAMIN FRANKLIN

# Social Action

Lisa George

In 2015, almost 13,000 people were killed in the US by guns. At least 756 of them were children under 18. So far in 2016, there have been over 9,000 deaths from gun violence in the United States. (source - [www.gunviolencearchive.org](http://www.gunviolencearchive.org)) As stated in the UMC Book of Resolutions (#3426) – “We recognize and deplore violence which kills and injures children and youth. In the name of Christ, who came ‘and proclaimed peace to you who were far off and peace to those who were near’ (Ephesians 2:17) and challenged all his disciples to be peacemakers (Matthew 5:9), we call upon the church to affirm its faith through vigorous efforts to curb and eliminate gun violence.”

According to Futures Without Violence, women and children are more likely to face lethal force in the United States due to the high volume of guns in the home and the prevalence of domestic violence. Futures Without Violence is a U.S.-based nonprofit organization working to end violence against women and children around the world.

Compared to other high-income countries, the United States represents 32 percent of the female population, yet accounts for 84 percent of all female firearm homicides. Women of color are disproportionately impacted by gun violence: Black women die from gun violence at more than twice the rate for white women. According to a Violence Policy Center 2015 study, 94 percent of female homicide victims knew the man who killed them—the majority of the perpetrators were their intimate partners. Intimate partner violence is the leading cause of gun deaths for women in the United States.

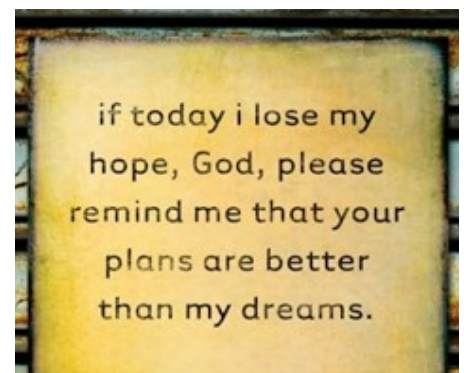
Children also face substantial risks of gun violence, no matter where they live in the United States. More than 18,000 children and teens are shot every year; children in rural areas tend to be victims of accidental shootings and gun suicides, while children in urban areas are more often victims of gun homicides. In comparison to other high-income countries, U.S. children are 11 times more likely to die from firearms.

“Gun violence in US schools has emerged as a growing and disturbing trend. We in the church support ministries that address the issue of violence and crime prevention for children/youth in urban areas. Violence is no longer confined to the streets of urban areas but has occurred at an increasing rate in US suburban communities. Over the past several years, high-profile cases of school shootings involving suburban youth killing and injuring teachers and peers alike have once again brought the issue of guns and youth to the forefront of national attention.”

As we start the new school year, let’s pray for our women, youth and children. Let us pray to end school violence. Let us pray to protect women, youth and children from gun violence from all sources. Thank you.

Lisa George  
Arlington District UMW Social Action Coordinator

New address –  
7401 Eastmoreland Road #810  
Annandale, VA 22003  
[lgeorge7@cox.net](mailto:lgeorge7@cox.net)



# Mission Education & Interpretation

Doris Douglass

Hi Everyone,

I hope this finds you well and getting back into the rhythm of the fall after a good summer.

Mission Encounter this year was held at Randolph Macon College, located in Ashland, Virginia. I had never been there before and was pleasantly surprised by its location, just off 95 in Ashland. It was founded in 1830 by the Methodist Church and named after Virginia Statesman John Randolph and North Carolina Statesman Nathaniel Macon. Neither was a Methodist but they wanted to send the message that all denominations were welcome there.

We felt very welcome as we got our room keys and headed off to find our rooms. We were surprised to find that we each had our own room. Then when we looked at the bed, well that was another surprise. They were about three feet off the floor at the lowest position. They were built to be a high bunk bed so the desk or chest of drawers would fit under. Well, we persevered with the help of the College who provided step stools. We really had to think out of the box for one lady and purchased an air mattress. Once we were settled it was all good.

The study on Climate Justice led by Pat Watkins was great. It is amazing how what we do affects the whole world. The relationship between God's people and God's creation is something we do not think of often. This study will be offered again next year.

This was the last year for The South American study and The Bible and Human Sexuality study. Both are relevant to what is happening in our church today.

This is my last article as Education and Interpretation as I will be moving to another position. It has been fun and a bit of a challenge. I hope to see you at the District Annual Meeting September 24, 2016.

Blessings

Doris Douglass

7213 Vellex Lane

Annandale, VA 22003

DorisDouglass@msn.com



Randolph-Macon  
College  
Ashland, Virginia



# Mission Education & Interpretation Doris Douglass

## VIRGINIA CONFERENCE UNITED METHODIST WOMEN Living Into Our Purpose

### PURPOSE:

UNITED METHODIST WOMEN SHALL BE A COMMUNITY OF WOMEN WHOSE PURPOSE IS TO KNOW GOD AND TO EXPERIENCE FREEDOM AS WHOLE PERSONS THROUGH JESUS CHRIST; TO DEVELOP A CREATIVE, SUPPORTIVE FELLOWSHIP; AND TO EXPAND CONCEPTS OF MISSION THROUGH PARTICIPATION IN THE GLOBAL MINISTRIES OF THE CHURCH.

### Achievements for Recognition

- Living Into Our Purpose (**Level I**) : Complete **eight** items; must include at least **four (\*)** items [**four items with two (\*) items for organizations with less than 15 members**]
- Living Into Our Purpose **Silver (Level II)** : Complete **thirteen** items; must include at least **six (\*)** items [**six items with three (\*) items for organizations with less than 15 members**]
- Living Into Our Purpose **Gold (Level III)** : Complete **twenty** items including **twelve (\*)** items [**ten items with six (\*) items for organizations with less than 15 members**]

The evaluation period for this report shall be **1 SEPTEMBER 2015 THROUGH 31 AUGUST 2016**. Mark the items you completed. Use these suggestions to **MAKE IT HAPPEN** in the world in which we live.

### 1. ORGANIZED

- 1a. (\*) **Make and Meet a Pledge to Mission Giving.**
- 1b. (\*) Include the **UMW Purpose** at every meeting.
- 1c. (\*) Increase the local organization's Pledge to Mission this year.
- 1d. (\*) Qualify as a Five- or Six-Star organization by contributing to Five or Six Channels of Mission Giving (Pledge to Mission; Special Mission Recognition; Mission Giving Cards; Gift in Memory; World Thank Offering; and Candle burning).
- 1e. (\*) Have **one (1)** member become a Rainbow Giver.  
Name \_\_\_\_\_.
- 1f. (\*) Participate in the United Methodist Women 150th **Legacy Fund**.
- 1g. (\*) Have at least **two** members **complete Plan I or higher** of the Reading Program.
- 1h. (\*) Use at least **two** programs from the Program Book.

### 2. KNOW GOD (FAITH)

- 2a. ( ) Encourage the practice of Spiritual Disciplines (i.e. scripture, prayer, fasting).
- 2b. (\*) Have at least one **Prayer Calendar** which can be used at each local organization meeting to pray for mission workers and mission projects for women, children and youth.
- 2c. (\*) Have at least **one** member attend a District or Conference Spiritual Life Event. (District or Conference officers who have paid their own way may count toward this item.)
- 2d. ( ) Host or participate in a Children's Sabbath Service highlighting the needs of children. (Resources can be found at [www.childrensdefense.org](http://www.childrensdefense.org))

# Mission Education & Interpretation Doris Douglass

## Living Into Our Purpose (continued)

### 3. EXPERIENCE FREEDOM AS WHOLE PERSONS (HOPE)

3a. (\* ) Choose **one** District Social Action Priority to work on.

Priority is: \_\_\_\_\_.

3b. ( ) Present a Program or Initiate a Project based on a District or Conference Social Action Priority.

3c. ( ) Have at least **one** member attend United Methodist Day at General Assembly in February.

Member's name: \_\_\_\_\_.

3d. (\* ) Have at least **one** member sign-up to receive the UMW Action Network (<http://www.unitedmethodistwomen.org>) to learn more about justice issues.

3e. ( ) Have at least **one** member sign-up for the action alerts from the General Board of Church and Society (<http://www.umc-gbcs.org/>) and share information on Justice Issues with the local organization.

3f. ( ) Have at least **one** member sign up to receive Virginia Interfaith Center for Public Policy alerts (<http://www.virginiainterfaithcenter.org>) and use ideas to advocate for justice.

3g. (\* ) Implement the Charter for Racial Justice Policies by having a Racial Justice Program, participating in a District Racial Justice Program or attending a Conference Racial Justice event. Get resources from: [www.umwmissionresources.org/pdfs/racialjustice2012.pdf](http://www.umwmissionresources.org/pdfs/racialjustice2012.pdf)

3h. ( ) Have "green" meetings **and** participate in or develop an Environmental Justice Program. Describe what you did: \_\_\_\_\_.

### 4. DEVELOP A CREATIVE/SUPPORTIVE FELLOWSHIP (LOVE)

4a. (\* ) Add at least **two** new members to the roll (**one** new member for local organizations with 15 or fewer members).

4b. (\* ) Have at least **two** members, other than a District or Conference Officer, attend a District or Conference Annual Meeting (if a small organization – 15 or fewer members – you may include **one** District or Conference Officer).

4c. ( ) Sponsor a young woman (**18 - 40**) to attend a District or Conference Young Women's Event. Name of attendee: (for your archives) \_\_\_\_\_.

4d. (\* ) Invite a District or Conference Officer, other than one of your own members, to one of your local organization meetings during the year and/or your United Methodist Women's Sunday.

4e. ( ) Write to at least **five** mission workers listed in the Prayer Calendar.

4f. ( ) Have at least **one** member attend UMW Day at Ferrum College.

4g. ( ) Submit names of deceased members to District MN & O Coordinators by August 31st.

# Mission Education & Interpretation Doris Douglass

## Living Into Our Purpose (continued)

### 5. EXPAND CONCEPTS OF MISSION (LOVE)

5a. (\*) Have at least **one** subscription to **response Magazine** within the organization to help members stay informed of mission in the world and for help in planning programs. Include a “**response Moment**” where an item from **response Magazine** is lifted up as a way to tell a mission story.

5b. (\*) Have at least **one** member, other than a District or Conference officer, attend Mission Encounter or a District Mission Celebration/Mission Encounter event. (District or Conference officers who have paid their own way may count toward this blueprint.)

5c. (\*) Select a Mission Institution or Project which is supported by funds from the **United Methodist Women National Office** (Wesley Community Service Center in Portsmouth, VA is the only National Institution in Virginia), or the Ministry Grants of Virginia (listed in the Annual Report) and visit and/or contribute needed resources.

Name of Project \_\_\_\_\_.

5d. (\*) Have or participate in at least **one current** mission study during the year.

Which one: \_\_\_\_\_.

### 6. PARTICIPATION IN GLOBAL MINISTRIES (IN ACTION)

6a. ( ) Have **one** or more members participate in hands-on mission such as gleaning, working at a food pantry or clothes closet, Stop Hunger Now event, bagging potatoes, etc.

Describe: \_\_\_\_\_.

6b. (\*) Participate in the **Campaign for Children** (public education, mentoring or tutoring programs, visit and support local schools, etc.) Describe what you did:

\_\_\_\_\_.

6c. ( ) Provide at least **ten** UMCOR Mission Kits and funds for shipping for the Virginia Annual Conference (Kits for Conference)

6d. ( ) Make a donation of goods (stamps for inmates, etc.), money (to support a Prison Chaplain) or service (Bible study, bell choir) to Prison Ministries.

**Local Organization/Church** \_\_\_\_\_

**Number of Members in your Local Organization** \_\_\_\_\_

**President or Contact Person** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Return this form by September 10 to:**

**Doris Douglass**

7213 Vellex Lane

Annandale, VA 22003

DorisDouglass@msn.com

# Program Resources

Gladys Packett

**Arlington District UMW**  
**READING PROGRAM REPORT 2016**  
 (Sept 2015 through Aug 2016)

Unit name: \_\_\_\_\_

Name of person completing form: \_\_\_\_\_

Telephone and email: \_\_\_\_\_

Total number of books read \_\_\_\_\_ (with or without completion of a plan)

Number completing Plan I \* \_\_\_\_\_

Number completing Plan III\* \_\_\_\_\_

Number completing Plan II \* \_\_\_\_\_

Number completing Plan IV \* \_\_\_\_\_

TOTAL number completing a plan \_\_\_\_\_

TOTAL number of adult & youth readers \_\_\_\_\_ (count even those who have read only one book)

TOTAL number of children readers \_\_\_\_\_

TOTAL number of children receiving certificates \* \_\_\_\_\_

TOTAL number of children's books read \_\_\_\_\_

TOTAL number of Subscriptions to RESPONSE \_\_\_\_\_ (count total number of individual and UMW unit subscriptions)

TOTAL number of Subscriptions to NEW WORLD OUTLOOK \_\_\_\_\_ (count total number of individual and UMW unit subscriptions)

**\*List names of those who completed plan (by plan) on back of this sheet**

PLEASE RETURN COMPLETED FORM TO **Frances Ellis** NO LATER THAN **Sept. 10, 2016**

Frances Ellis  
 2933 Fox Mill Road  
 Oak Hill, VA 20171  
 Email: FWELLIS@AOL.COM

In His service,  
 Gladys Packett  
 Secretary of Program Resources  
[gpackett@verizon.net](mailto:gpackett@verizon.net)

# Program Resources

Gladys Packett

## Plan I: 5 Books Per Year

One book from each category:

- Education for Mission,
- Leadership Development,
- Nurturing for Community,
- Social Action and
- Spiritual Growth.

Selections can be from the 2011-2016 reading lists if not included in previous reports (including youth titles). Regular reading of **response** magazine.

## Plan II: 10 Books Per Year

Two books from each category:

- Education for Mission,
- Leadership Development,
- Nurturing for Community,
- Social Action and
- Spiritual Growth.

Selections can be from the 2011-2016 reading lists if not included in previous reports (including youth titles). Regular reading of **response** and *New World Outlook* magazines.

## Plan III: 15 Books Per Year

Two books from each category:

- Education for Mission,
- Leadership Development,
- Nurturing for Community,
- Social Action and
- Spiritual Growth.

**PLUS** 5 additional books from any category.

Selections can be from the 2011-2016 reading lists if not included in previous reports (including youth and children's titles).

Regular reading of **response** and *New World Outlook* magazines.

## Plan IV: 20 Books Per Year

Two books from each category:

- Education for Mission,
- Leadership Development,
- Nurturing for Community,
- Social Action and
- Spiritual Growth.

**PLUS** 10 additional books from any category.

Selections can be from the 2011-2016 reading lists if not included in previous reports (including youth and children's titles).

Regular reading of **response** and *New World Outlook* magazines.

# Program Resources

Gladys Packett

## 2017 Reading Program List

### Education for Mission

- **A History of Religion in 5 ½ Objects – Bringing the Spiritual to its Senses**
- **America and Its Guns—A Theological Exposé**
- **Boundless—What Global Expressions of Faith Teach Us about Following Jesus**
- **Faith Ed.—Teaching About Religion in an Age of Intolerance**
- **Journey with J.W.—John Wesley’s Ride through Methodist History**
- **Liberating Black Church History**
- **Live to Give—Let God Turn Your Talents into Miracles**
- **Love Casts Out Fear—A Jihad Survivor’s Journey from Revenge to Redemption**
- **What We’re Fighting for Now Is Each Other—Dispatches from the Front Lines of Climate Justice**
- **Wherever The River Runs—How a Forgotten People Renewed my Hope in the Gospel**

### Leadership Development

- **Called To The Fire—The Story of Dr. Charles Johnson—A Witness for God in Mississippi**
- **Falling into Place—A Memoir of Overcoming**
- **Global Girlfriends—How One Mom Made it Her Business to Help Women in Poverty World-wide**
- **High Yield—Seven Disciplines of the Fruitful Leader**
- **Just Like I Wanted**
- **Not Safe for Church—Ten Commandments for Reaching New Generations**
- **Pig Park**
- **Rad American Women A-Z—Rebels, Trailblazers and Visionaries Who Shaped Our History ... And Our Future**
- **Sally Ride—America’s First Woman In Space**
- **The Courage to Be Yourself—True Stories by Teens About Cliques, Conflicts, and Overcoming Peer Pressure**

### Nurturing for Community

- **#Stolen—Is Social Media Stealing Your Identity?**
- **Broken & Blessed—God Changes the World One Person and One Family at a Time**
- **I’ll Be Right There**
- **Launch Your Encore—Finding Adventure & Purpose Later in Life**
- **Money on Purpose—Finding a Faith-Filled Balance**
- **Remember Dippy**
- **Seamless Faith—Simple Practices for Daily Family Life**
- **Slowing Time—Seeing the Sacred Outside Your Kitchen Door**
- **The Age of Dignity—Preparing for the Elder Boom in a Changing America**
- **The Perfect Place**
- **Voices of the Faithful: Inspiring Stories of Courage from Christians Serving Around the World**

# Program Resources

Gladys Packett

## 2017 Reading Program List

(continued)

### Social Action

- **America and Its Guns—A Theological Exposé**
- **Building a Movement to End the New Jim Crow—An Organizing Guide**
- **Class Lives—Stories from Across Our Economic Divide**
- **Faith Ed.—Teaching About Religion in an Age of Intolerance**
- **Pre-Post-Racial America—Spiritual Stories from the Front Lines**
- **Snake-Oil—How Fracking’s False Promise of Plenty Imperils Our Future**
- **Stand Your Ground—Black bodies and the Justice of God**
- **Understanding and Dismantling Racism—The 21<sup>st</sup> Century Challenge to White America**
- **Wage Theft Comics #1**
- **What We’re Fighting for Now Is Each Other—Dispatches from the Front Lines of Climate Justice**

### Spiritual Growth

- **Extraordinary Grace—How the Unlikely Lineage of Jesus Reveals God’s Amazing Love**
- **Femmevangelical—The Modern Girl’s Guide to the Good News**
- **Fully Awake and Truly Alive—Spiritual Practices to Nurture Your Soul**
- **If Eve Only Knew—Freeing Yourself from Biblical Womanhood & Becoming All God Means for You to Be**
- **Just for Today**
- **Living into Hope—A Call to Spiritual Action for Such a Time as This**
- **Soul Repair—Recovering from Moral Injury after War**
- **The Blessings & Bling—How Faith and Fashion Helped Me Survive Breast Cancer**
- **The Reason—How I Discovered a Life Worth Living**
- **Voices of the Faithful—Inspiring Stories of Courage from Christians Serving Around the World**
- **Wild in the Hollow—On Chasing Desire and Finding the Broken Way Home**
- **Worry Less So You Can Live More—Surprising, Simple Ways to Feel More Peace, Joy and Energy**



# Arlington District United Methodist Women

## **PURPOSE** of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

Event	Date
<b>3rd Quarter Treasurer's Report due.</b>	<b>September 15</b>
Conference Young Women's Event @ Bridgewater UMC	September 16-17
<b>Arlington District UMW Annual Meeting @ Wesley UMC</b>	<b>September 24</b>
VA Conference UMW 44 <sup>th</sup> Annual Meeting @ Good Shepherd UMC, Henrico, VA	October 29-30
<b>Arlington District UMW Mini-Mission Encounter @tbd</b>	<b>November 12</b>
<b>4th Quarter Treasurer's Report Due</b>	<b>December 15</b>
<b>Arlington District UMW Training Day @ Andrews Chapel</b>	<b>January 28, 2017</b>
UM Day @ General Assembly	February 2, 2017
<b>Arlington District Spiritual Life Retreat @tbd</b>	<b>March 10-11, 2017</b>
<b>Arlington District Spring Prayer Breakfast @Vale UMC</b>	<b>April 22, 2017</b>
VA Conference UMW Spiritual Life Retreat @tbd	May 5-7, 2017
<b>Bi-District UMW Day Apart @tbd</b>	<b>May 20, 2017</b>
UMW Day @ Ferrum College	June 3, 2017
VA Annual Conference @ Hampton	June 16-18, 2017
UMW Breakfast @ Conference	June 17, 2017
Mission Encounter @ Randolph-Macon College	July 28-30, 2017
VA Conference Young Women's Event @tbd	September 15-16, 2017
VA Conference 45 <sup>th</sup> Annual Meeting @tbd	October 28-29, 2017

## Arlington District United Methodist Women Officers for 2016

### **ELECTED OFFICERS**

#### President

Angela Sokolowski  
808 Potomac Ridge Court  
Sterling, VA 20164-1368  
703-421-6445  
TheSokos@mac.com

#### Vice President

Susan Chung  
851 N. Glebe Road, Apt. 1520  
Arlington, VA 22203  
202-731-6092  
SusanChung1122@gmail.com

#### Secretary

Janet Keener  
1803 Midlothian Court  
Vienna, VA 22182-3428  
703-281-7685  
Janet\_Keener@cox.net

#### Treasurer

Frances Ellis  
2933 Fox Mill Road  
Oak Hill, VA 20171-1527  
703-476-1127  
fwellis@aol.com

### **MISSION COORDINATORS**

#### Education and Interpretation

Doris Douglass  
7213 Vellex Lane  
Annandale, VA 22003  
703-642-0661  
DorisDouglass@msn.com

#### Social Action

Lisa George  
7401 Eastmoreland Rd #810  
Annandale, VA 22003  
703-623-8071  
LGeorge7@cox.net

#### Membership Nurture and Outreach

Katy White  
25508 Upper Clubhouse Drive  
South Riding, VA 20152  
804-937-5289  
Katy.H.White@gmail.com

#### Spiritual Growth

Marjorie Long-Brown  
5575 Seminary Road #313  
Falls Church, VA 22041-3556  
703-575-8353  
marjol@fastmail.fm

#### Secretary for Program Resources

Gladys Packett  
879 N. Jacksonville Street  
Arlington, VA 22205-1323  
703-522-0341  
gpackett@verizon.net

### **NOMINATIONS COMMITTEE**

*Vacant at this time*

### **APPOINTED OFFICERS**

#### Editor of the Tapestry

Frances Ellis  
2933 Fox Mill Road  
Oak Hill, VA 20171-1527  
703-476-1127  
[fwellis@aol.com](mailto:fwellis@aol.com)



For general information about Arlington District UMW, e-mail  
[arlingtondistrictumw@gmail.com](mailto:arlingtondistrictumw@gmail.com)

## Young Women's Retreat September 16-17, 2016



### Rev. Beth Anderson

Retreat leader will be the Rev. Beth Anderson, an ordained pastor in the United Methodist Church. Beth's background includes being a US-2 missionary for the General Board of Global Ministries, graduating from Birmingham-Southern College and Candler School of Theology at Emory University. Beth has lead women's retreats in the past and looks forward to this retreat for young women. She is married to Kevin Anderson and has two daughters.



*Finding Balance: Living in  
God's Creation  
in a World  
of Chaos*

Event held at Bridgewater United Methodist Church in  
Bridgewater, VA

(Convenient to Interstate 81 between Harrisonburg and  
Staunton)

Lodging will be at local hotel 10 minutes from church

**VIRGINIA CONFERENCE UNITED METHODIST WOMEN  
YOUNG WOMEN'S RETREAT**

**"Finding Balance: Living in God's Creation in a World of Chaos"**  
September 16-17, 2016

Name: \_\_\_\_\_ Telephone \_\_\_\_\_  
Street: \_\_\_\_\_ Email \_\_\_\_\_  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Church \_\_\_\_\_ District \_\_\_\_\_  
Roommate(s) \_\_\_\_\_ Willing to share a bed? Y or N  
Any special diet needs? \_\_\_\_\_  
Please check ALL that apply to you: 18-22 \_\_\_\_\_ 23-29 \_\_\_\_\_  
30-35 \_\_\_\_\_ 36-40 \_\_\_\_\_ First Time \_\_\_\_\_ Night Owl \_\_\_\_\_

**PLEASE CHECK CHOICE OF:**

\_\_\_\_\_ Friday evening (Dinner) – Saturday Breakfast & Lunch  
(Adult): \$75.00

\_\_\_\_\_ Day Retreater: \$25.00 – includes all meals (no lodging)

TOTAL REMITTED \_\_\_\_\_

Make Check payable to: **Virginia Conference United Methodist Women**  
and send your registration form and check for the total amount to:

**Joyce Winston**

2411 E. Pembroke Ave.  
Hampton, VA 23664-1243  
Phone: 757-851-6897

**REGISTRATION DEADLINE:**  
**August 15, 2016**

**After 8/15, call or email Joyce  
for room availability**

email: [BUCKROW@aol.com](mailto:BUCKROW@aol.com)

The event starts with dinner at 7:00 p.m. on Friday evening. Registration will be open at 5:00 p.m. The event ends on Saturday at 4:00 p.m. Please bring your Bible, pencil/pen, alarm clock, and favorite snacks (to share). Drinks will be provided. The schedule below is tentative and therefore subject to change.

**Tentative Schedule**

**FRIDAY**

5:00-6:30 p.m. Check into hotel/registration  
7:00 p.m. Dinner at the church  
7:45-9:15 p.m. Group Gathering I  
9:15-10:00 p.m. Fellowship and Fun, Depart for hotel

**SATURDAY**

8:30 a.m. Breakfast at the church  
9:15-12:00 p.m. Group Gathering II, Small groups, etc.  
12:15 p.m.-1:00 p.m. Lunch  
1:15-2:45 p.m. Group Gathering III, Small groups, etc.  
3:00-4:00 p.m. Closing/Worship/Communion

This is an event hosted by the Virginia Conference United Methodist Women, but is for all young women ages 18 to 40. You do not have to be a member of UMW to attend.

Scholarships may be available – contact your District UMW President or email [buckrow@aol.com](mailto:buckrow@aol.com) or [dwwrley@msn.com](mailto:dwwrley@msn.com)  
Registration deadline is **EARLY** (August 15) because of hotel holding a block of rooms for our group. Any extra rooms will be released after August 15<sup>th</sup>. Please help us out by adhering to the deadline. Hotel rooms are two queen beds.

All activities will be held at Bridgewater UMC.

Your registration will be confirmed by email (please provide email address on form). Directions to hotel and church will be provided at this time.

**ARLINGTON DISTRICT UNITED METHODIST WOMEN**  
**Annual Meeting**

**September 24, 2016**  
9 a.m. to noon

Wesley United Methodist Church  
711 Spring Street SE  
Vienna, VA 22180

Come for Breakfast and Fellowship.

Come to celebrate our accomplishments for the past year.

Come to remember our members who have left us this year.

Come to install your new District officers for 2017.

Come to hear our inspiring speaker.

Just come!

Childcare will be provided. Please RSVP to Janet Keener at 703-281-7685 if you will be using the childcare.

**SPEAKER**  
**Rev. Kris Beckert**

Kris started out as an environmental scientist but God had other plans. She began her pastoral ministry as part of the launch team of a new church called Real Life Chapel in Easton, MD, quit her job to attend seminary, and the rest is history! Kris has served as the discipleship minister at Herndon United Methodist Church where she started and developed adult small groups and then back at Real Life Chapel as associate pastor, where she started a young adult ministry and taught biology at the local college. As a natural self-starter who senses a need for church to be real and relevant, Kris is excited to work with the staff at Vine Church as the first church planter trainee as they look toward planting new sites.

Kris grew up in the suburbs of Philadelphia and graduated from the University of North Carolina at Chapel Hill. She also received her master's degree in environmental and marine science from the University of Maryland and her master of divinity from Wesley Theological Seminary in Washington DC. Kris is an ordained elder in the Church of the Nazarene and is serving on loan with the United Methodist Church.



**VIRGINIA CONFERENCE UNITED METHODIST WOMEN**  
**44th Annual Meeting**  
**October 28-29, 2016**

Good Shepherd United Methodist Church  
9155 Hungary Road  
Henrico, Virginia 23294

**Growing in Blessedness**



**Matthew 5:1-12**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

**KEYNOTE SPEAKER**  
**Elizabeth (Lisa) Nichols**

Elizabeth (Lisa) Lamb Nichols is a deaconess serving as a Church and Community Worker. She is executive director of Henry Fork Service Center; a facility in Rocky Mount, Virginia, that provides Christian education, educational enrichment, recreation, and experiences in the arts to more than 100 students throughout the year. The mission of the center is to make God's love visible in our community. "To me, Henry Fork Center is a glimpse of the Kingdom of God," explains Lisa. "Our students represent different ages, racial backgrounds, and socioeconomic statuses. We come together every weekday to learn about and from one another, and to learn about the God who loves us and calls us into community through Jesus Christ to share God's love through words and actions."

**VIRGINIA CONFERENCE UMW ANNUAL MEETING REGISTRATION**  
**October 28 – 29, 2016**  
**Henrico, VA**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

CHURCH \_\_\_\_\_ DISTRICT \_\_\_\_\_

PHONE # \_\_\_\_\_ EMAIL \_\_\_\_\_

TEENS \_\_\_\_\_ AGE \_\_\_\_\_ PARENTS NAME \_\_\_\_\_

**MAKE YOUR OWN HOTEL RESERVATION BY CALLING:**

Holiday Inn Express Richmond Northwest  
9933 Mayland Drive, Richmond 23233  
(804) 934-9300

**OR GO TO:**

<http://www.vaumw.com/events/>

Scroll down, click on 'Annual Meeting' for hotel link.

Mention that you are a UMW attending Annual Meeting.  
Room rate is \$89 + tax.

**The registration fee of \$15.00 includes Saturday's lunch.**

**Please mark all that apply:**

- Local Unit Delegate  
 Non-voting Local Unit Member  
 Conference Officer/Executive Committee  
 District Officer; Office Held: \_\_\_\_\_

**PLEASE MAIL REGISTRATION form and check for \$15.00 made payable to Virginia Conference United Methodist Women to the REGISTRAR:**

Jo Ann Liskey Phone: 540-434-299  
4856 Shen Lake Drive Email: [jaliskey12@gmail.com](mailto:jaliskey12@gmail.com)  
Rockingham, VA 22801-6043

**REGISTRATION DEADLINE - OCTOBER 15, 2016**

**VA CONFERENCE UMW ANNUAL MEETING**

October 28 – 29, 2016

Good Shepherd United Methodist Church

9155 Hungary Road Henrico, VA 23294

(804) 270-7613

**TENTATIVE SCHEDULE****FRIDAY:**

7:00 p.m. Concert with Prasia Band from Philippines.  
Ice Cream Social to follow.

**SATURDAY:**

9:30 Light Breakfast and Registration

10:00 Training for District Officers.

Mission Opportunities for those not in training.

12:00 Lunch

1:00 Procession

Keynote Speaker – Lisa Nichols, Deaconess Henry Fork Center  
Business

4:00 Worship/Holy Communion

5:00 Adjournment; depart refreshed and energized for UMW

**REMINDER:** Donations to bring:

for Henry Fork Service Center

- Paper towels
- Play dough
- Washable tempura paint
- Magic markers
- Colored pencils, and
- 39 gallon yard trash bags.

for Shalom Farms

- Plastic bags in good condition and
- Work gloves for gardening.

The Book Room will be open. Look for posted times when you arrive.

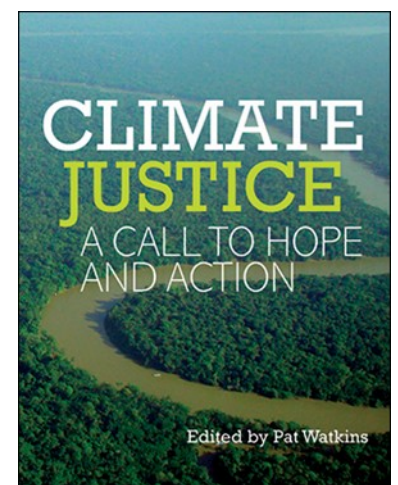
**ARLINGTON DISTRICT UMW****Mini Mission Encounter****November 12, 2016****Location TBA****Topic: Climate Justice****Keynote Speaker: Emma Samson**

Emma Samson is a Southeastern Jurisdictional Guide for the “Be Just, Be Green” Initiative.

The guides' roles are to:

Support and encourage you as you take steps towards more sustainable practices in your meetings, and

Inform the national office of resources needed to help local groups implement any or all of the 13 principles. (See next page for a list of the 13 principles.)



## 13 UMW Principles to Sustainability

### ▶ **Principle 1: Accessibility**

Ask if your meeting venue complies with the Americans With Disabilities Act (ADA), and ask the facility manager to show you how during your site inspection. When surveying meeting space possibilities, make sure rooms are accessible to people with disabilities.

### ▶ **Principle 2: Affordability**

Offer carpooling options for participants in order to provide no or low-cost transportation options for your event.

### ▶ **Principle 3: Carbon Footprint**

Choose a meeting venue that minimizes travel and encourage carpooling and/or public transportation through your registration process.

### ▶ **Principle 4: Healthy Food and Beverages**

Serve fair trade (and organic if possible) tea and coffee at your meeting.

### ▶ **Principle 5: Just Economic Opportunities**

Ask vendors, hotels and others you contract with to sign a statement attesting that they do not engage in or benefit from the use of child or slave labor or human trafficking.

### ▶ **Principle 6: Local Solidarity**

Use the local solidarity checklist to assess if there are opportunities to be in mission at your event.

### ▶ **Principle 7: Multigenerational Inclusion**

Offer child care to participants, making sure that at least two unrelated adults are present at all times with the children.

### ▶ **Principle 8: Paper Use**

Ensure any printed items are double-sided and duplicated on paper made with post-consumer recycled content.

### ▶ **Principle 9: Racial Justice**

Include a statement in your contracts, speaker agreements, attendee code of conduct, and, if relevant, exhibitor terms and conditions that expresses your intention to host an event that combats all forms of racism and oppression.

### ▶ **Principle 10: Toxin Reduction**

Be creative and wise about nametags. Invite participants to bring their own nametag (reusing one they already have). If you are supplying nametags, if possible reuse ones you already have. Be careful of the use of ribbons and other petroleum-based enhancements. If you need to buy more, choose a type that does not use PVC and eliminates unnecessary components like holders and pouches. Encourage attendees to turn in their name badge for reuse.

### ▶ **Principle 11: Waste Reduction**

Choose a meeting venue that provides recycling for plastic, paper, glass and metal.

### ▶ **Principle 12: Water Use**

Avoid or eliminate the use of individual bottled water. Encourage attendees to bring their own bottle for refilling and provide pitchers of water or bubblers and promote use of water fountains.

### ▶ **Principle 13: Well-being of Participants**

Provide a quiet space for meditation and prayer at the event. This may be a physical space and/or formal times on the agenda that are set aside for this kind of activity.