



United
Women
in Faith

NORTHERN VIRGINIA DISTRICT

UNITED WOMEN IN FAITH

NOVA NOTES

MARCH 2025



Ash Wednesday, or Quiet Day, is almost upon us! The District Mission Team is deeply grateful to St. John's United Methodist Church (5312 Backlick Road, Springfield, Virginia 2215) for hosting the 2025 Quiet Day so we need to show up to express our appreciation. I also seek 4-6 volunteers to help lead the worship service as lectionary readers, prayer leader, and announcements. Please contact me at karlenemasters@hotmail.com to volunteer.

*Shalom, Karlene Masters
Spiritual Life Coordinator*



**NORTHERN VIRGINIA DISTRICT
UNITED WOMEN IN FAITH**

**INVITES YOU TO BEGIN YOUR
LENTEN JOURNEY AT ITS**

**ASH WEDNESDAY "QUIET DAY" SERVICE
INCLUDING COMMUNION AND IMPOSITION OF ASHES**

**MARCH 5, 2025
10:00 A.M.**

**ST. JOHN'S UNITED METHODIST CHURCH
5312 BACKLICK ROAD, SPRINGFIELD, VIRGINIA 22151**

ALL ARE WELCOME!

Offerings will support United Women in Faith Missions. Please make your check payable to **NoVA District UWF** and mail to: Marty Bickford, 3561 Martha Custis Dr., Alexandria, VA 22302-2003.

Mission Statement

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence, and impact local and global communities.

UWF Updated Purpose

We are a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

SPOTLIGHT ON....A Handful of Women



I am always amazed when I think of how our United Women in Faith organization got started. It was a very rainy day on March 23, 1869, in Boston. When the two wives of missionaries showed up to speak, they found the doors of the church locked. Only six other women showed up to hear them tell of the dire spiritual and physical needs of women in India. Beginning what would become a lasting legacy of “showing up and getting things done,” these few women were moved to action. They quickly called another meeting of more women. They wrote a constitution. And in short order, they organized the Methodist Woman’s Foreign Missionary Society (WFMS). By November 1869, the newly formed organization raised funds and sent educator Isabella Thoburn and Dr. Clara Swain to India. (Read more at UWFaith.org "[Who We Are: Our History](#)")

We get so frustrated sometimes that we have so few members in our units - if we have a unit at all. But Eight women in Boston in eight months had an educator and a doctor in India. The school started with just six students. The hospital began from treating patients on a veranda. It doesn't take many of us to accomplish meaningful, lasting results for women, children and youth.

March is Women's History Month. **March 23 is UWF Day of Giving.** One of us plus one of us plus... Uniting our hearts and hands make us nearly half a million members today, support mission in 39 countries and in 35 states, DC, Canada and Puerto Rico.

Marlene Dakita, Eastern Sub-District Coordinator



United
Women
in Faith

NEWS FROM THE VIRGINIA CONFERENCE UWF (The LINK newsletter)

[The VAUWF newsletter, The Link](#), includes details on these and other matters:

- Message from our new president Karen McElfish (page 1)
- Overview of upcoming program events from our new vice president (page 2)
- Spiritual Life Soul Care Retreat May 2-4 (NOTE: Registration \$20 discount before March 18) (pages 3 and 10)
- How to do the Unit Survey online (and how to sign in) (page 4)
- Program resources available (page 5)
- Mission u plus prayer requests (pages 6 and 10)
- Social Action: What does "advocate" mean? (page 7)
- Your mission dollars at work (page 8-9)
- Conference calendar (page 11)

<https://drive.google.com/file/d/1MsRtDxoZbIOeLrh7PAmhFlgNk7catm-D/view>



United Women in Faith of Northern Virginia



I was able to join Maria Ward for one of her fantastic - Coffee & Chat gatherings. I had a wonderful time catching up over coffee with the women. We met shared updates from each of our units and enjoyed a lively fellowship filled with laughter. We also discussed future mission events with enthusiasm, looking forward to continuing our impactful work together.

Let's get together to chat about what your units are up to during this winter. Please share with us the books you're reading, mission projects you're working on, and other activities. We'll share news from around the District and Conference UWF. Please join us for one or more times.

Note: If the weather is bad, I'll send a message the night before to re-schedule.

Hope to see you there!

Maria Ward

NoVa District Membership, Nurture, and Outreach

Re-scheduled from February: UWF Coffee & Chat

Sunday, March 2, 2:00

South Riding Inn

43090 Peacock Market Plaza





VAUMC Climate Summit: Hope in Action for Creation Justice

But let justice roll down like waters, & righteousness like an ever-flowing stream. Amos 5:24

March 8, 2025: <https://vaumc.org/climate-summit/>

Goal: Gathering stakeholders in VA Conference UMC, including Conference Boards & related Agencies, Districts & churches, to connect & learn why they are key to the VAUMC response to God's call for Climate & Racial Justice, Sustainability in Climate Change, & The Net Zero by 2050 Resolution.

Youth are encouraged to join (individually or as a youth group) and will have workshop sessions designed specifically for teens on the theme of faith + science and Creation Care.

Theme: Thinking & Action: How we as the Virginia United Methodist Church rethink our understanding & action around Climate change/justice and its intersection with racial justice.

March 8, 9:30-4:00 (Clergy: .5 CEU's available)

Randolph-Macon College & Duncan Memorial Church – Ashland, VA

Approximately 75-100 persons including leaders. Space can be flexible for additional participants.

Day-long (9:30-4pm). Includes lunch supplied through RM-C, paid for thru **\$25 registration fee-** \$5 for students and youth ministers/directors.

Worship: 30 minutes of centering, singing, Scripture & Reflection led by Bishop Sue Hauptert-Johnson. (9:30-10am)

World CAFÉ: 60 minutes (10:15-11:15) An icebreaker/small group discussion format (round table discussion) with specific questions to answer -three different groups & questions. to address:

Why is it important for me to be at this Summit based on my position within VAUMC leadership? How can I connect with others on the Conference level for both information & partnerships?

Keynote speaker: 45 minutes (11:30-12:15) **Michele ROBERTS** (Environmental Justice Health Alliance for Chemical Policy Reform and Coming Clean)

Michele is a scientist turned environmental justice activist who has been helping religious groups and people of color around the country defend the planet against environmental and racial injustice.

Lunch 12:30-1:15 College Cafeteria

Workshops/Breakout sessions 50 minutes each – choice of 2 (1:30-3:30) Workshops listed below. Topics to be relevant to the “how to” questions of the participants.

Closing remarks (3:30-4pm)

FOR QUESTIONS REGARDING THE CLIMATE SUMMIT PLEASE CONTACT ELLENCOMSTOCK@VAUMC.ORG



Workshops: CHOOSE TWO

1. *Building a church Green Team: what's worked and what hasn't.: Jane Wilson, Lay Leader, Burke UMC*
2. *How does my church/district office/camp go Solar? -What we did -churches large and small. Alex Joyner, Charlottesville First United Methodist Church and Brandon Praileau, Wesley Union A.M.E. Zion Church, Norfolk VA*
3. *How can my children and youth be involved in Climate Care and Justice work? Melanie Fleischer, Welborne UMC, Richmond VA*
4. *How can we be good stewards of our church property and use it sustainably? Kim Richmond Western North Carolina UMC Creation Justice Team.*
5. *Faithful Missions: Bridging Disaster Response and Creation Care, Brian Mateer, Director of Missional Engagement, Western North Carolina Conference*
6. *Accessing UMC financing for sustainable improvements to facilities **AND** How is VAUMC advocating for Climate Justice through Pension investments.*
7. *How can I secure funding/grants, etc. for work toward Net Zero in the church and in the community? Claudia Saunders, Community Engagement Manager. Faith Alliance for Climate Solutions, Reston, VA*
8. *Leading from the Pulpit and Podium: How worship and Bible study can engage Christians in the church's mission to care for and heal God's creation." (Pat Watkins, retired clergy and GBGM missionary, Earthkeeper, author)*
9. *Energy Audits for Church Buildings and Assessment for Solar Installation. Joseph Donoghue, Assessor, Waste Reduction Partners (Asheville NC) member, UMC Western NC Creation Justice Team.*

Youth Workshop 1: Understanding the Faith & Science Around Climate Change, Jennifer Secki Shields

Youth Workshop 2: Practical ways to Care for Creation, Kendra Grimes



Keynote Speaker and Workshop Leaders listing & information:

<https://vaumc.org/climate-summit/keynote-speakers-2025/>

Creating a Sanctuary for Wildlife In Your Own Backyard



Dinner & Discussion with Guest Speakers Joanne Hutton • Elizabeth Martin • Ashley Palmer

Visit **Tuesday, March 11th | 6:30pm**

Aldersgate UMC Wesley Hall | 1301 Collingwood Rd, Alexandria

Ticket Cost: \$10/person or \$20/family

Visit [aldersgate.net/events/dinner](https://www.aldersgate.net/events/dinner) for more info

We will hear from three experts - Joanne Hutton, a Master Naturalist, Master Gardener, and Tree Steward; Elizabeth Martin, Co-Director of the Wildlife Sanctuary Program, Northern Virginia Bird Alliance; and Ashley Palmer, Communication and Education Specialist at the Northern Virginia Soil and Water Conservation District. They will share helpful materials and answer questions about native plants.

Register: <https://www.aldersgate.net/events/dinner>

For questions or more information, please contact Lorrie Rezendes (lorretired@aol.com or 571-309-6001).



For the 2025 NOVA United Women in Faith Calendar of events:

<https://www.novauwfaith.org/>

**Also. on this site is the 2025 NOVA District Officers and contact information.



**You are invited to a
WOMEN'S PRAYER BREAKFAST
Saturday March 15 9 – 11 AM**



**“United Women in Faith: Transforming
Communities”**

Featuring: Friends of Guest House of Alexandria

Helping women successfully reenter the community after incarceration

Location: St. John's UMC, 5312 Backlick Road, Springfield, VA

There is no fee, Breakfast will be provided, but we kindly appreciate for visitors to bring a breakfast bread to share

Registration is required by March 10 to brendaromenius@yahoo.com

Monetary Donations will go to Friends of Guest House, and UWF Mission Giving.

Checks made out to “NOVA District UWF” – note “Prayer Breakfast”

United Women in Faith Event



A call for courageous resisters & moral leaders by Rev. Dr. Annemarie Mingo Tuesday, March 18th, 7pm ET, Zoom event

<https://uwfaith.org/event/a-call-for-courageous-resisters-and-moral-leaders/>

Join United Women in Faith for an informative and inspiring lesson in history and theology from Rev. Dr. AnneMarie Mingo. Her lecture, “**A Call for Courageous Resisters and Moral Leaders,**” will present selections from her extensive research on Black Churchwomen’s leadership in the Civil Rights Movement.

Rev. Dr. AnneMarie Mingo is Associate Professor of Ethics, Culture, and Moral Leadership at Pittsburgh Theological Seminary and author.

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About Rev. Dr. AnneMarie Mingo: Rev. Dr. AnneMarie Mingo is an Associate Professor of Ethics, Culture, and Moral Leadership and the Director of the Metro-Urban Institute at Pittsburgh Theological Seminary. For more on Rev. Dr. Mingo, [click here](#). This event is hosted by United Women in Faith. There is no cost to participate. All are welcome.

To register:

<https://us06web.zoom.us/meeting/register/YRyyFsg3RK21fUj8IxuxTA#/registration>

Mid-week prayers from the 2025 UWF Prayer Calendar:



MARCH 2025

When a seed is planted, God will use it in ways that we cannot even imagine. ~

Paulet Royes-Neale, Order of Deaconess and Home Missioner, Broward Health/Population Health, Tamarac, Florida.

March 5 (Ash Wednesday) – Holy God! Our world rages. Yet, we trust you will usher in a new way, a way of living in love and peace! Amen. Deborah Byrd, Order of Deaconess and Home Missioner, Morton Memorial UMC, Monteagle, Tennessee

March 12 – We pray for our older generation to be filled with your strength, energy, and health and for our younger generation to have your passion for life, and zest for a bright future. Belinda Forbes, Global Missionary from the United States serving in Nicaragua

March 19 – Help us, both young and old, to learn from each other. To be bold in our faith and prayers. Passing these lessons down from generation to generation. Amen. Wanda Winnickie, Order of Deaconess and Home Missioner, St. John's UMC, Dover, New Hampshire

March 26 – God of different generations and grace, grant us your wisdom and understanding to enjoy our diversity. Praise be to your name the God of All. Finda Quiwa, United Women in Faith Regional Missionary, Africa

UWF SOCIAL ACTION



Interfaith Power & Light's (IPL) 2025 Creation Care calendars for LENT

These printable calendars, designed to be photocopied as bulletin inserts, go up each year on refrigerators and bulletin boards across our communities, and open many conversations about environmental stewardship and climate action in our region's Christian churches.

This year's calendars are ready for download at: www.ipldmv.org/lent

For information and access, first go to the UWF digital network: <https://uwfaith.mn.co/feed>



Join United Women in Faith on **Thursday, February 27**, at 8 p.m. Eastern Time (on Zoom) to experience the **March** program from the 2025 Program Resource, *Carrying Our Faith Forward*, Together with authors Faye Wilson and Nora Asedillo Cunningham, we will explore the rituals that have shaped our faith - baptism, Holy Communion, and beyond.

Podcasts & Webinars:



[Faith Talks](#)



[Voices From the Field](#)



[Just Energy for All](#)

For information and dates click under section images above to open each site.

UWF Event follow-up of an excellent (!) February event:



**Charter for Racial Justice (via Three Notch'd, Zoom)
RACIAL INEQUALITY IN IMMIGRATION LAW
February 15, 2025
A Program Sponsored by the Three Notch'd District UWF**

If you missed this informative, interesting zoom event, here is the recording from Saturday's (*Feb. 15th*) event and the information to contact **Just Neighbors** for more information. You may have to copy & paste the link into your browser. ****The presenters were on the zoom early so you may want to start watching at or about the 43 minute mark for swpeaker introduction then the actual event starts.**

https://us02web.zoom.us/rec/share/zm6vijGeKzNOMN15L7ewlRYxi1O-ikz-ZjuGUfyRLMEY89rgl0cQ8m1HWXWcVhr_.eoPROGFp7xBWbEYU?startTime=1739625719000

Passcode: 2Ta%YS&o

Questions? Contact Lloydette Diggs, (804) 852-4350.

THANK YOU!

We want to know what you think! Scan our QR Code for a brief survey.

Just Neighbors
Hope Through Immigration Legal Services

Follow us on Social

- @justneighborsdmv
- @justneighborslegalservices
- @justneighborsva
- @linkedin.com/company/justneighbors

**MARCH 23, United Women in Faith celebrates a *Day of Giving* to raise funds for
The Legacy Endowment Fund.**

Why March 23? On this date in 1869, a group of eight intrepid women founded the Woman's Foreign Missionary Society, the forerunner of United Women in Faith. Their vision was to create educational opportunities and provide health care to women in India.

Ways to Give

- [Online](#)
- **By phone:** 800-278-7771 (8 am – 5 pm EST, Mon-Fri and Sunday, March 23)
- **Text:** Text “FUTURE” to 20503

By Check:

Make checks payable to:

United Women in Faith

Attn: Legacy

Church Center for the United Nations

777 United Nations Plaza, 11th Floor

New York, NY 10017

(Write “Day of Giving” in the memo section)

For more information about The Legacy Endowment Fund, visit: [Legacy Fund | United Women in Faith](#), call 1-800-278-7771, or email legacy150@uwfaith.org.

Rising Hope Charity Golf Tournament

Join us **Monday, May 19** at Greendale Golf Course for a round of golf to raise funds to help men and women of all ages who are struggling to overcome poverty. We will have prizes for the top three finishers, as well as for the longest drive. You could even win a car!

This annual event raises funds to help men and women of all ages who are struggling to overcome poverty or homelessness. Your support of this event will have a huge impact on the lives of the men and women along the Route 1 Corridor.

Register by Friday, April 25: <https://www.risinghopeumc.org/annual-golf-tournament>



Maybe golfing isn't your thing. We also have sponsorship opportunities available. Email us at events@risinghopeumc.org for details.

We also have SPONSORSHIP opportunities available. Email us at events@risinghopeumc.org or review [this form](#) for details

Sent: Serving God Right Where You Are

John 20:21 Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you."

Do you feel like serving God means adding more things to your plate? Do you want to make a difference but wonder how God could use you in this stage of life? Whether at work, at school, on the ball field, in your neighborhood, or at the gym-- what if you could serve God right where you are? Women of all ages are invited to join us at the 2025 Spring United Women in Faith's Retreat as we ponder and explore together how God is calling you to be part of his mission right where you are, as you are. For, you are **SENT**.

Retreat Leader: Kris Beckert: Kris Beckert is the lead pastor of Table Life Church near Harrisburg, PA and also serves as Mission Strategist with Fresh Expressions North America. She holds an M.Div. from Wesley Theological Seminary in Washington, DC, and she also has served at churches in the Virginia Conference.

2025 Herndon UWF Spring Retreat Registration is OPEN!!

The Herndon UWF program planning team is hard at work preparing to host another successful and blessed Spring retreat.

Pastor Kris Beckert will be the retreat leader. Kris has a demonstrated history of working across denominations, geography, and diverse audiences. Skilled in Pastoral Counseling, Innovation, Preaching, Church Growth, and Spiritual Direction.

Registration opens Sunday, February 16 and **closes Tuesday, March 25**. The retreat postcard link is available at <https://1drv.ms/w/c/4923b5bf9fbb09e9/EaKMC9rCQ5dLkow8OAZIXxQBEt1Vawd3BGtPpHRrPL8YWA>

Event details:

Date –Saturday, March 29, 2025

Time – 8:00 am to 1:30 pm

Place – Herndon UMC Doe Fellowship Hall, 701 Bennett St, Herndon, VA 20170

Spiritual Leader - Pastor Kris Beckert

Theme: *SENT*

Learn more about how we are **sent** by God to share his love right where we are.

Bible verse: Again, Jesus said, "*Peace be with you! As the Father has sent me, I am sending you.*" - John 20:21

Cost – \$35/person (\$45 at the door) Payment options available at the time of registration

Breakfast and a box lunch will be provided.

Childcare (free) will be available (request child care at time of registration)

Mission Project - This year's Herndon UWF Spring Retreat's special mission project is to support the Hot Springs Library adoption program. Due to Hurricane Milton, the creek in Hot Springs, NC burst through the walls of their little public library destroying sections of the building and many of the library's books, as well as doing significant damage to other businesses in the town. The public library is on a fundraising mission to rebuild the building and it is having a book adoption drive to rebuild their book inventory. **Our mission project is to support the book adoption drive.** Once you register for the retreat, you will be sent an email with specific information about how to purchase a book(s) and send to the library or bring with you to the retreat.



United
Women
in Faith

We look forward to an enriching and meaningful retreat experience as we journey together in faith

For more information contact Everludis or Sally

at womensevents@herndonumc.org



Bye, Bye to Buy, Buy

Constantly bombarded with ads that promise a better, easier life, Christians find it challenging to remain faithful to the One who said, “Consider the lilies of the field...” and “Where your treasure is....”

****Luke 12:13-34**

**To love God and neighbor, planet and people,
cut through the noise with these practices.**

March 2025

***Ask yourself the basic questions:** Is this a want or a need? Are there alternatives that are more sustainable, ethically sourced, and less harmful? What is a responsible way to dispose of this item at the end of its usefulness? Choose the greater good.

***Review your financial statements.** Look especially for monthly subscriptions you’ve forgotten about. Cancel them. Instead, make a monthly contribution to support an organization that is doing good, like the **United Methodist Committee on Relief (UMCOR)**, which helps people recover from climate-related disasters.

***Beware of sneaky plastic bottles** that will end up in landfills and waterways. Those 70 billion plastic water bottles sold in the US in one year will take 1,000 years to biodegrade. **Use refillable containers with water from home.** Buy a filter if your taste buds need it. Much of what is sold as bottled water is tap water anyway.

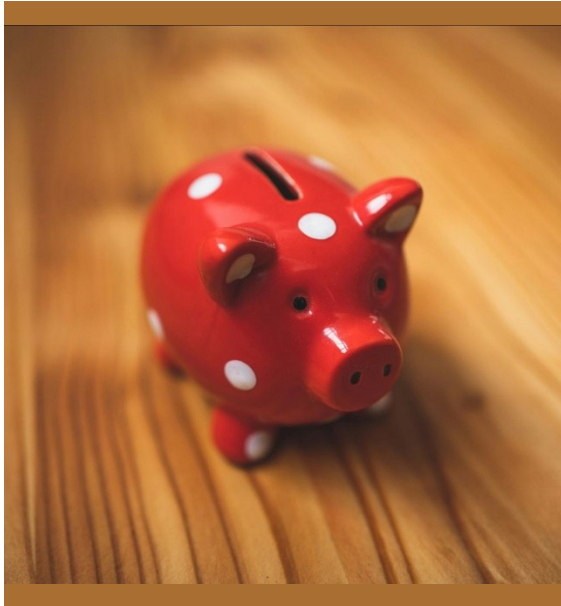
VIDEOS: "A MINUTE FOR MOTHER EARTH"!

A series very short videos to help your congregation recognize God's call in the midst of climate-related issues. Each "Minute" is based on the curriculum, *Wake Up World, A Curriculum on the Climate Crisis for Faith and Community Groups* (available free on the website and in print form from Cokesbury). Access the complete series of "Minutes" free at www.wakeupworld.earth.



<https://umcreationjustice.org/>

sign up for monthly tips, newsletter, blog, Creation Justice News & stories



Sample Tip

Invest in the future—not the past. Choose what you can: solar and wind, energy-efficient appliances, hybrid or electric vehicles, voting for electric public transit, quality and long-lasting fashion made of natural textiles, insurance companies and banks that do not support fossil fuels, lawmakers who work for the environment and justice.

Mark your Calendar!

Sunday, April 6, 2:00 -- UWF Games Day!

Do you think our weather will have calmed down by April so we can have our Games party?

Fairfax UMC, 10300 Stratford Ave, Fairfax

Bring your favorite board game or puzzle to share.

**Northern Virginia District
United Women in Faith
Winter Games Party**



Questions, please contact Beth Meserve beth.meserve@gmail.com

Join us for a weekend full of spiritual rejuvenation with retreat leader Rev. Dr. Joanna Dietz!

**Friday-Sunday, May 2-4 -- Virginia Conference UWF Spiritual Life Retreat (SLR)
"The Joy of Sisterhood"**

Massanetta Springs Conference Center, Harrisonburg, VA

Click here to learn more and register:

<https://uwfaith.org/event/virginia-conference-soul-care-retreat-joy-of-sisterhood/>

Check-in: Friday, May 2, 4 p.m., Depart: Sunday, May 4, 2 p.m.

Massanetta Springs Conference Center in Harrisonburg, VA <https://massanettasprings.org/>

Early Bird (before March 18) registration fee is \$175.

After March 18 the regular registration fee is \$195.

This fee covers 2 nights in a shared room, 6 meals, and lots of excellent programming.

Scholarships are available – contact Maria Ward nova.uwf.mno@gmail.com

The registration for the **Spiritual Life Retreat** is now available by going to vauwf.org and clicking on the link under Frances Ellis' picture. Please help spread the word.

>>>You can save \$20 by registering by March 18. Whether you select Pay by Check, PayPal, or Scholarship, click on 'Make Payment' to complete your registration.

At United Women in Faith, we understand that our work is never finished. We must continue to advocate for racial justice, end mass incarceration, and fight for climate justice. Our commitment is not only based on political priorities but is grounded deeply in our faith and values. As we reflect on the teachings of Jesus Christ and the calls of the prophets, we know that our work is an expression of spiritual duty to care for the least of these—those most marginalized and...

United Women in Faith:
Responding with Action
to a Changing World |
United Women in Faith

To read more, click below...

uwfaith.org

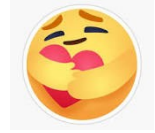
[United Women in Faith: Responding With Action to a Changing World | United Women in Faith](#)





We are Faith. Hope. Love. In Action

Many in our church are hurting right now. Their lives have been upended by actions taken by the Trump administration over the past three weeks. Some have been furloughed or fired, while others with managerial authority have been asked to fire hundreds of employees. And still others remain in precarious positions not knowing whether their jobs are secure. Through conversations with several affected people, it's clear that they would benefit from a range of support-- from spiritual and emotional to administrative and financial.



I believe the UMW has an opportunity to play a significant role in this moment.

Our first step is to get a better sense of who has been impacted and what kind of help they need. My hope is to create a network linking impacted workers with possible sources of support and expertise. We are starting with the UMW because we have your contact information in our hands -- but I see this as jumpstarting a church-wide effort. My hope is to complement any efforts taken by National UMC through the Nurture Committee or elsewhere and I have discussed this idea with Caralee, who leads that committee.

In the context of these recent events:

1. If you've been affected by these recent events and need support, please let us know. Don't hesitate to tell us what kind of help would be most useful.
2. If you have a talent, skill, or expertise that could help others (like resume writing, job searching, financial planning, or just being a good listener) please share what you could offer.
3. If you have connections with other churches/UMW/United Women in Faith groups, please reach out to them. We would love to learn how other churches are supporting their members and possibly combine our voices on these big issues.

Any other ideas are welcome. Together, we can make a real difference for our church family during this difficult time.

Please send information to MetroUMW@gmail.com

Dear Sisters in Christ and UWF,

*It is with a heavy heart that I let you know that our UWF sister and dear friend **Mary Virginia Wright passed Saturday, Feb 22, 2025.***

Please keep Mary's husband Emmett and Mary's family in your prayers. At this time, no additional information regarding services is known.

*Peace be with all of you,
Nancy West*